



SAT **2**   AUG

3.00pm, Maidstone Park
ROUND 15

SUN **3**   AUG

2.45pm, Maidstone Park
ROUND 15



CENTRAL
LEAGUE



Capital
Premier

weston
design

TOA





CHAIRMAN'S WELCOME



Good afternoon everyone, and a warm welcome to Maidstone Park.

This weekend, we're thrilled to host two important fixtures. A special welcome to Petone Football Club, who face our Toa ITM Men's First Team in what is a crucial Central League clash, and to Wellington United Sapphires, who take on our Women's First Team.

For our Men's Firsts, today is nothing short of a must-win as they continue their battle to remain in the Central League. The squad has shown tremendous grit and determination all season, and this match is a chance to convert that hard work into the points we need. We know the team will give everything they've got, and your support on the sidelines can make a real difference.

Our Women's First Team are also in a strong position heading into their game. A win would see them leapfrog the Sapphires and move into third place on the table. That would be a fantastic achievement and a testament to the consistency, discipline, and spirit the team has shown under pressure. Let's get behind them as they look to continue their strong run of form.

Today is also an opportunity to recognise some special player milestones within our senior squads. Congratulations to the players who have recently received their First Team caps. Reaching First Team level is a significant accomplishment and represents years of commitment, resilience, and development. It's a moment they and their families can be truly proud of. We also want to give special recognition to Rosie Baillie, who reached 100 first team appearances for Upper Hutt City Football last Sunday. This is an outstanding milestone that speaks to her dedication, leadership, and

contribution to the club over the years. We are proud to celebrate that achievement and thank Rosie for her loyalty.

Across the rest of the club, the enthusiasm remains high. From our juniors and youth to our reserves and social teams, the level of passion, effort, and club pride on display each week is inspiring. Every training session, game, and moment of encouragement from our supporters continues to build the culture that makes Upper Hutt City Football so special.

To our visiting teams, supporters, and families, thank you for being here. We hope you enjoy your time with us at Maidstone Park and that this weekend's matches are competitive, enjoyable, and played in the right spirit. Finally, a reminder to all involved — whether on the pitch, on the sideline, or in the Pavilion — to uphold the values that define our club. Let's continue to show respect, fairness, and inclusion at every level. There is no place in football for abuse, racism, or discrimination of any kind. Together, we shape the kind of club and community we want to be a part of.

Thank you for your continued support, and enjoy what promises to be a fantastic weekend of football.

#Orange

Tristan Elder
Chairman

MEN'S COACH COMMENTS



I want to give a warm welcome to Petone F.C. to Maidstone Park today.

We are heading towards the most important part of the campaign with 4 games left and it's really getting tight for the battle at the bottom.

I can't think of a season when it's been so tight as there is usually one team that struggles.

Petone had a great win v Phoenix on Saturday which gets them 3 points ahead of us.

Because we had no game on Saturday, we had a friendly game v Western Suburbs Capital Premier last Thursday night to keep the boys sharp and the 1st team dominated in the 1st half making it 3-0. This was from 2 great goals from Mick Reid and 1 poacher's finish from Campbell Webster putting us 3-0 ahead at half time. In the 2nd half I put my U19's on and they dominated possession but just couldn't add to the tally.

Overall it was a great work out for the lads.

Great news is that we have a full squad to pick from, after players recovering from injury and other niggles; it's great to see Herewini Insley back into the 1st team fold after time off with an overuse injury. As well as Connor McIndoe and Donal Gahan who have been rested and are now back to full fitness.

This game is a massive 6 pointer. If Petone win they would be clear from the drop if we win we go on the same points as Petone and 4 points ahead of North Wellington at the bottom. There is a lot to play for from both sides.

Let's cheer the boys on for a massive 3 points today!

He Waka Eke Noa

Rory Fallon
Men's Head Coach

WOMEN'S COACH COMMENTS



This weekend, we head into a huge game against Wellington United.

The girls are coming off their performance of the season in an 8-0 win against North Wellington, where they put together everything we had been working on all year into a perfect performance to celebrate Rosie's 100th first team game for the club.

This weekend, we welcome Wellington United. In the first round game, the team scored 3 very late goals to

come back from 3-1 down and win 4-3. This time, we are hoping to get the job done in a less dramatic fashion. If the girls can carry on their form, then we are in for a great game. The winner will likely be in second in the table after this one as well, so the girls have lots to play for.

Callum Martin
Women's Head Coach

ROUND 14 REVIEW



FIRST TEAM FIXTURE



4 - 2



5 - 1



**WELLINGTON OLYMPIC
VS NORTH WELLINGTON**



0 - 6



**WATERSIDE KARORI
VS WESTERN SUBURBS**



4 - 1



**NAPIER CITY ROVERS
VS ISLAND BAY UNITED**



2 - 1



**PETONE FC
VS PHOENIX RESERVES**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	14	11	2	1	47	12	35	35
Miramar Rangers	14	9	2	3	37	17	20	29
Phoenix Reserves	14	7	4	3	35	19	16	25
Western Suburbs	14	7	3	4	44	23	21	24
Napier City Rovers	14	6	4	4	32	19	13	22
Petone FC	14	4	2	8	32	35	-3	14
Waterside Karori	14	3	4	7	22	49	-27	13
Island Bay United	14	3	3	8	22	43	-21	12
Upper Hutt City	14	3	2	9	16	43	-27	11
North Wellington	14	2	4	8	25	52	-27	10

ROUND 15 PREVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs PETONE FC

Saturday 2nd August, 3.00pm,
Maidstone Park

OTHER FIXTURES



PHOENIX RESERVES VS WELLINGTON OLYMPIC

Saturday 2nd August, 3.00pm,
Fraser Park



NORTH WELLINGTON VS WESTERN SUBURBS

Saturday 2nd August, 3.00pm,
Alex Moore Turf



ISLAND BAY UNITED VS MIRAMAR RANGERS

Saturday 2nd August, 3.00pm,
Wakefield Park



NAPIER CITY ROVERS VS WATERSIDE KARORI

Sunday 3rd August, 2.00pm,
Bluewater Stadium

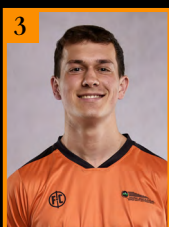
UPPER HUTT CITY FOOTBALL CENTRAL LEAGUE



**JOSHUA
CAPSTICK**



**JOEY
SOPKIOTIS**



**BLAKE
CHANDLER**



**OLLIE
OWEN**



**JOSHUA
MCCARROLL**



**RIO
WINKWORTH**



**SAMUEL
PATTERSON**



**CAMPBELL
WEBSTER**



**ALEX
BRAAKHUIS**



**ETHAN
BARBIER**



**MICK
REID**



**BENJAMIN
CORBETT**



**SAM
RAUSCH**



**CONNOR
MCINDOE**



**HARRY
LAMONT**



**DONAL
GAHAN**



**HARRISON
TISCH**



**SHAUN
MARSHALL**



**LUCAS
HANSEN**



**NKHATA
HOLLYWELL**

2025 SEASON MEN'S SQUAD LIST



**HEREWINI
INSLEY**



**MATTHEW
FONG**



**ISAAC
ADAMS**



**RORY
FALLON**
HEAD COACH



**TOBY
WILTON**
ASSISTANT COACH



**MARK
ELLIS**
TEAM MANAGER



**DIANE
SHIRER**
PHYSIO



**JAKE
BERNEY**
CONDITIONING COACH



**LORRAINE
BOWRING**
ANALYST

PLAYER PROFILE

JOSHUA LESLIE MCCARROLL

QUICKFIRE

If I wasn't a footballer I would be...

A lawyer

One thing people may not know about me is...

I spent the last 3 years studying in Dunedin at Otago University

The country I've never been to but want to visit is...

Greece

The item on top of my bucket list is...

Travel around the world

My favourite sports team growing up was...

Manchester United

Most underrated movie or TV show is...

Top Boy

My favourite place to dine out is...

La Bella Italia

I was starstruck when I met...

Fernando Tatis Jr



PLAYER BIO

Nickname:	Josh
Age / D.O.B	13/08/2003
Place of Birth:	Lower Hutt
Playing Position:	Fullback
Right / Left:	Right
Previous Clubs:	Upper Hutt, Northern AFC, Dunedin City Royals

Q & A SESSION

What's your best football memory?

Playing in the super cup in Northern Ireland. Was able to play at the same tournament as world class players

What do your coaches often tell you?

Always believe in yourself

Best advice you've ever been given?

Back yourself and be confident in your own ability

What advice would you give any young players playing your position?

Express yourself

How would you describe yourself as a player?

Explosive with a good technical ability

Who is the one team you most look forward to playing each season, and why?

Wellington Olympic. Looking forward to going up against one of the best teams in the country for the past years

What non-football accomplishment are you most proud of?

Getting a bachelor of science university degree

If you could go to dinner with any three people (past or present), who would it be and why?

Cristiano Ronaldo, Barack Obama, Denzel Washington

ROUND 14 PREVIEW



FIRST TEAM FIXTURE



8 - 0



1 - 2



**WELLINGTON UNITED
VS TE KOTAHITANGA**



1 - 6



**WESTERN SUBURBS
VS SEATOUN AFC**



0 - 1



**WAIRARAPA UNITED
VS VICTORIA UNIVERSITY**



3 - 1



**PETONE FC
VS WATERSIDE KARORI**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Seatoun AFC	14	11	2	1	49	14	35	35
Te Kotahitanga	13	8	3	2	47	18	29	27
Wellington United	13	8	2	3	41	17	24	26
Upper Hutt City	13	7	2	4	53	20	33	23
Petone FC	14	6	2	6	37	28	9	20
Waterside Karori	14	5	4	5	30	31	-1	19
Victoria University	13	6	0	7	14	24	-10	18
Wairarapa United	14	5	0	9	29	41	-12	15
Western Suburbs	13	2	0	11	14	76	-62	6
North Wellington	13	1	1	11	9	54	-45	4

ROUND 12 REVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs WELLINGTON UNITED

Sunday 3rd August, 2.45pm,
Maidstone Park

OTHER FIXTURES



**VICTORIA UNIVERSITY
VS WATERSIDE KARORI**

Sunday 3rd August, 11.00am,
Boyd Wilson Turf



**SEATOUN AFC
VS TE KOTAHITANGA**

Sunday 3rd August, 12.00pm,
Martin Luckie



**WESTERN SUBURBS
VS WAIRARAPA UNITED**

Sunday 3rd August, 1.30pm,
Endeavour Park



**NORTH WELLINGTON
VS PETONE FC**

Sunday 3rd August, 2.00pm,
Alex Moore Turf

UPPER HUTT CITY FOOTBALL WOMEN'S CAPITAL PREMIER



**JADE
WOOD**



**ERIKA
SAXBY**



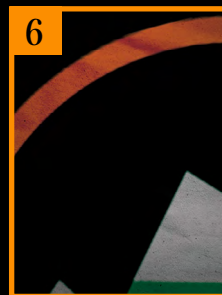
**ELESHA
SMITH**



**EMMA
LAVERY**



**MAYA
ITI**



**MAKAYLA
WORDES**



**ROSIE
BAILIE**



**RUBY
REID**



**ELLA
BENNETT**



**KASSANDRA
CLENDON**



**BILLIE
COOK**



**CAITLIN
DENTON**



**ASHA
DYSON**



**HARRIET
WILLIAMS**



**BROOKE
HUMPHREY**



**KATIE
PETTENGELL**



**BECKY
STEWART**



**KEARIS
HOULIHAN**



**SIENNA
KOVACS**



**RUBY
COFFEY-DUFFIN**



**CALLUM
MARTIN**
HEAD COACH



**HARRY
HECTORS**
ASSISTANT COACH



**GABRIELLE
MATHESON**
MANAGER



**MAIA
TUTBURY**
PHYSIOTHERAPIST

PLAYER PROFILE

ELESHA SMITH

QUICKFIRE

My favourite pro club is...

Tottenham

If I wasn't a footballer I would be...

Bored

One thing people may not know about me is...

I have a one eyed cat

The country I've never been to but want to visit is...

Anywhere in Europe

The item on top of my bucket list is...

To watch England live in the FIFA world cup

My favourite sports team growing up was...

Tottenham

Most underrated movie or TV show is...

Love Island lol

My favourite place to dine out is...

Nandos

I was starstruck when I met...

The All Blacks came to one of my tennis tournaments.



PLAYER BIO

Nickname: Lesh

Age / D.O.B 25/05/2003

Place of Birth: Lower Hutt, Wellington

Playing Position: Central midfielder

Right / Left: Right

Previous Clubs: Stop Out + Wainuiomata

Q & A SESSION

What's your best football memory?

Going away for my year 11 tournament week with my high school because our team was all really close so it was a good time.

Best advice you've ever been given?

Always have a positive voice in your head.

What do your coaches often tell you?

To not be so hard on myself.

What advice would you give any young players playing your position?

Usually the first pass you see is the best pass.

How would you describe yourself as a player?

I enjoy sticking to the fundamentals, try to get the basics right.

Who is the one team you most look forward to playing each season, and why?

Vic uni because it's always a tough battle.

What non-football accomplishment are you most proud of?

Making it into second year Law at uni.

If you could go to dinner with any three people (past or present), who would it be and why?

Roger Federer, David Beckham and Gareth Bale because they're all sporting legends.

Property of the week



9 Johnswood Grove, Clouston



3

2

1

1

190 sqm

667 sqm

Tender: Closing Wednesday 6 August, 2 p.m.
(unless sold prior)

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MEN'S CENTRAL LEAGUE

UPPER HUTT CITY FOOTBALL

- 1 Joshua Capstick
- 2 Joey Sopikiotis
- 3 Blake Chandler
- 4 Ollie Owen
- 5 Joshua McCarroll
- 6 Rio Winkworth
- 7 Samuel Patterson
- 8 Campbell Webster
- 9 Alex Braakhuis
- 10 Ethan Barbier
- 11 Mick Reid
- 12 Benjamin Corbett
- 13 Sam Rausch
- 14 Connor McIndoe
- 15 Harry Lamont
- 16 Donal Gahan
- 17 Harrison Tisch
- 18 Shaun Marshall
- 20 Lucas Hansen
- 21 Nkhata Hollywell
- 23 Herewini Inslay
- 25 Matthew Fong
- 26 Isaac Adams



Rory Fallon
Head Coach

Toby Wilton
Asst. Coach

Mark Ellis
Team Manager

Diane Shirer
Physiotherapist

Jake Barney
Conditioning Coach

Lorraine Bowring
Analyst

PETONE FC

- 1 Shea Stapleton
- 22 Luca Siegel
- 2 Jeremy George
- 3 Nick Drayton
- 4 Sean Matthews
- 5 Kieran McMinn
- 6 Hami Paranihi-Nuku
- 7 Sam Pickering
- 8 Amir Mandalawi ©
- 9 Ali Nazari
- 10 Liam Shearer
- 11 Bray Whitecliffe
- 12 Ollie Pickering
- 13 Luke Stoupe
- 14 Joshua Apaapa-Preston
- 15 Seth Loughran
- 16 Matt Beaton
- 17 Jacob Marshall
- 18 Agustín Coronel
- 19 Liam Boyd-Smith
- 20 MJ Des Tombe
- 21 Ashtun Lake
- 24 Jared Eglinton



Jamie O'Connor
Head Coach

Sam Morrissey
Asst. Coach

Kris Pinnock
GK Coach

Gavin Siegel
Manager

Daryl Pickering
Asst. Manager

TBI Health
Physio

WOMEN'S CAPITAL PREMIER

UPPER HUTT CITY FOOTBALL

- 1 Jade Wood
- 2 Erika Saxby
- 3 Elisha Smith
- 4 Emma Lavery
- 5 Maya Iti
- 6 Makayla Wordes
- 7 Rosie Baillie
- 8 Ruby Reid
- 9 Ella Bennett
- 10 Kassandra Clendon
- 11 Billie Cook
- 12 Caitlin Denton
- 13 Asha Dyson
- 14 Harriet Williams
- 15 Brooke Humphrey
- 16 Katie Pettengell
- 17 Becky Stewart
- 18 Kearis Houlihan
- 19 Sienna Kovacs
- 20 Ruby Coffey-Duffin



Callum Martin
Head Coach

Harry Hectors
Asst. Coach

Gabrielle Matheson
Manager

Maia Tutbury
Physiotherapist

WELLINGTON UNITED

- 2 Kate Lindsay
- 3 Sophie Smith
- 4 Ciara Moriarty
- 5 Ashleigh McCutcheon
- 6 Billie Revis
- 8 Tilly Jowett
- 9 Ashleigh Mason
- 10 Grace Williams
- 11 Caitlin Bowles
- 12 Natasha Horrocks
- 13 Ella Pritchard-Yeo
- 14 Stella Barrett-Lovie
- 15 Pearl Simpson
- 16 Zoe McNicol
- 17 Mya Mitipelo-Moriarty
- 19 Lucy Hawkins
- 20 Malia Seko
- 23 Annie Brow



Chelsea Tippen
Head Coach