



SAT **7** JUN

3.00pm, Maidstone Park
ROUND 10

SUN **8** JUN

2.00pm, Alex Moore Turf
ROUND 08



CENTRAL
LEAGUE



Capital
Premier

weston
design

TOA





CHAIRMAN'S WELCOME



A warm welcome to Maidstone Park this weekend as we come together for another great round of football.

A special greeting to our visiting teams — it's always a pleasure to have you here, and we're looking forward to some quality football played in the right spirit.

Our senior teams have both recently wrapped up their cup runs in two hard-fought matches. The Men's First Team bowed out of the Chatham Cup in a nail-biter against Wests, going down in extra time after a valiant effort that had the crowd on edge throughout. Meanwhile, our Women's First Team also fell short in their Kate Sheppard Cup fixture against 3rd placed W-League opponent Karori, putting in a gritty and determined performance which was praised by the Karori coach. While the results didn't go our way, both matches were proud displays of the resilience and competitive spirit that define this club. It was also great to see three of our girls U16 squad take the field vs Karori and not look out of place. This is our first year fielding a U16 girl's team in the Capital Development League and with the U14 girls competing for a 3rd straight year we are now seeing the fruits of our labour similar to what we have seen on the men's side from our Talent Development Programme.

Speaking of our Talent Development Programme, it's been a real highlight to see the continued growth and strength of our Programme in 2025 despite the loss of two experienced coaches. We've seen some strong performances in recent weeks, and it's clear that there's a strong group of young players coming through the ranks. The future is certainly bright, and credit must go to our coaches and volunteers for the work they continue to put in behind the scenes.

Our junior teams are also buzzing, with fantastic energy and enthusiasm on show across the grades. It's always a joy to see our youngest players out on the pitch — their love of the game is contagious and a great reminder of what football is all about.

Looking ahead, the countdown is well and truly on for our Centenary Celebration over Matariki Weekend — Thursday 19 to Sunday 22 June. We've got a full programme of events lined up across Maidstone Park and our old home at Harcourt Park. It's a once-in-a-generation moment for the club, and we can't wait to honour our 100-year history with as many of you as possible. If you haven't already, make sure to get your tickets for the Centenary Dinner and secure some of the commemorative merchandise while stocks last.

Finally, a reminder to everyone in and around the club — players, coaches, supporters, and visitors — to keep up the standard of behaviour we expect at Upper Hutt City Football. Let's continue to create an environment where everyone feels welcome and safe. There is no place in our game for abuse, racism, or any form of discrimination.

Thanks for your ongoing support, and enjoy the football this weekend.

Tristan Elder
Chairman



MEN'S COACH COMMENTS



I want to give Chris Greenache and the Phoenix players a very warm welcome to Maidstone Park Today.

When I arrived back on home soil in February 2022 I had been playing and coaching for over 20 years in England, Wales and Scotland. Paul Temple who was Head of the Academy at the time was the main person that got me back to NZ. Him and Greenie were the first people I met when I arrived in Wellington.

The big pull was that I wanted to help Kiwi & Maori / Pasifika kids level up in the game and hopefully one day they become professional's.

Paul was huge for the Academy and brought a lot of very good young players through and Greenie has been ever present in that space as well.

Most of the Phoenix players currently playing on this pitch today were my first group of players that I coached in the Capital Premier League but we were using Lower Hutt to play in that division.

They were all great lads to coach and I never had any problems coaching them and it's no surprise to me that they are near the top of the table. Each year they have

got stronger and stronger and there have been a few that have got pro contracts, trained and played with the first team and even got NZ u/20 caps.

Current Upper Hutt players Mickey Reid, Blake Chandler and Alex Braakhuis were also part of that group as well.

I feel today's game will be a tougher game than when we first met the Phoenix in the first game of the season when we lost 4-0.

The boys have gained a lot of confidence and nearly taking West's all the way into extra time in the Cup has only shown how much we have grown over the past 10 games.

We hope we can give the orange supporters something to cheer about today.

He Waka Eke Noa

Rory Fallon
Men's Head Coach

WOMEN'S COACH COMMENTS



Back to the league and looking to continue our good form.

The girls put in one of their best team performances of the season on Sunday in the Cup against Karori, and received plenty of praise from the opposition. This has set us up really well to get back into the league action where we have won our last 3 matches.

This weekend we travel to Alex Moore to take on North Wellington. A team we have previously played in the cup and had a good win against. This game will definitely

be more difficult, but the girls are getting better each weekend. It's also been great to see some of the U16 CDL girls breaking into the team as well and putting in really good performances. This weekend should be a really exciting match and the girls are thoroughly up for it.

Callum Martin
Women's Head Coach

ROUND 09 REVIEW



FIRST TEAM FIXTURE



1 - 0



**MIRAMAR RANGERS
VS PETONE FC**



2 - 2



**PHOENIX RESERVES
VS WATERSIDE KARORI**



1 - 0



**ISLAND BAY UNITED
VS WESTERN SUBURBS**



1 - 1



**NAPIER CITY ROVERS
VS WELLINGTON OLYMPIC**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	9	8	1	0	27	4	23	25
Miramar Rangers	9	6	0	3	24	9	15	18
Phoenix Reserves	9	5	3	1	21	12	9	18
Napier City Rovers	9	4	3	2	19	12	7	15
Western Suburbs	9	4	1	4	26	16	10	13
Waterside Karori	9	3	3	3	16	23	-7	12
Petone FC	9	2	2	5	24	22	2	8
Island Bay United	9	2	2	5	12	29	-17	8
Upper Hutt City	9	2	1	6	9	24	-15	7
North Wellington	9	0	2	7	15	42	-27	2

ROUND 10 PREVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs PHOENIX RESERVES

Saturday 7th June, 3.00pm,
Maidstone Park

OTHER FIXTURES



WATERSIDE KARORI VS PETONE FC

Saturday 7th June, 2.30pm,
Karori Park



MIRAMAR RANGERS VS WELLINGTON OLYMPIC

Saturday 7th June, 2.30pm,
David Farrington Park



ISLAND BAY UNITED VS NORTH WELLINGTON

Saturday 7th June, 3.30pm,
Wakefield Park



NAPIER CITY ROVERS VS WESTERN SUBURBS

Sunday 8th June, 2.00pm,
Bluemwater Stadium

UPPER HUTT CITY FOOTBALL CENTRAL LEAGUE



**JOSHUA
CAPSTICK**



**JOE
SOPKIOTIS**



**BLAKE
CHANDLER**



**OLLIE
OWEN**



**JOSHUA
MCCARROLL**



**RIO
WINKWORTH**



**SAMUEL
PATTERSON**



**LUCAS
HANSEN**



**HARRISON
TISCH**



**ALEX
BRAAKHUIS**



**MICK
REID**



**NKHATA
HOLLYWELL**



**SAM
TWIGG**



**CONNOR
MCINDOE**



**HEREWINI
INSLEY**



**DONAL
GAHAN**



**HARRY
LAMONT**



**SHAUN
MARSHALL**



**ETHAN
BARBIER**



**BENJAMIN
CORBETT**

2025 SEASON MEN'S SQUAD LIST



**JACOB
MARSHALL**



**SAM
RAUSCH**



**JOSHUA
LAWSON**



**MATTHEW
FONG**



**ELLIOT
PORTER-WALLIS**



**ISAAC
ADAMS**



**RORY
FALLON**
HEAD COACH



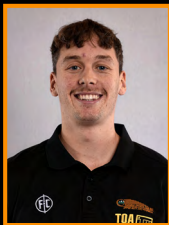
**TOBY
WILTON**
ASSISTANT COACH



**MARK
ELLIS**
TEAM MANAGER



**DIANE
SHIRER**
PHYSIO



**JAKE
BERNEY**
CONDITIONING COACH



**LORRAINE
BOWRING**
ANALYST

PLAYER PROFILE

MICK REID

QUICKFIRE

My favourite pro club is...

Barcelona

If I wasn't a footballer I would be...

Entrepreneur

One thing people may not know about me is...

I'm half Japanese

The country I've never been to but want to visit is...

Hawaii

The item on top of my bucket list is...

Lamborghini

My favourite sports team growing up was...

Barcelona

Most underrated movie or TV show is...

Battle royale

My favourite place to dine out is...

Wild fire

I was starstruck when I met...

Chris Wood



PLAYER BIO

Nickname:	Reidy
Age / D.O.B	19/08/04
Place of Birth:	New Zealand
Playing Position:	Forward
Right / Left:	Right
Previous Clubs:	Petone and North Wellington

Q & A SESSION

What's your best football memory?

Playing football with my friends at lunch time at school because there were no rules

Best advice you've ever been given?

Believe

What do your coaches often tell you?

Believe in yourself

What advice would you give any young players playing your position?

Believe in yourself

How would you describe yourself as a player?

Entertaining

Who is the one team you most look forward to playing each season, and why?

Olympic because they're the best

What non-football accomplishment are you most proud of?

Knowing how to speak Japanese

If you could go to dinner with any three people (past or present), who would it be and why?

Mayweather, Kobe Bryant and Ronaldo

ROUND 07 PREVIEW



FIRST TEAM FIXTURE



1 - 11



3 - 3



**WATERSIDE KARORI
VS TE KOTAHITANGA**



3 - 1



**WAIRARAPA UNITED
VS NORTH WELLINGTON**



3 - 0



**PETONE FC
VS VICTORIA UNIVERSITY**



1 - 2



**WELLINGTON UNITED
VS SEATOUN AFC**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Seatoun AFC	7	4	2	1	19	10	9	14
Wairarapa United	6	4	0	2	22	17	5	12
Victoria University	6	4	0	2	9	9	0	12
Te Kotahitanga	5	3	2	0	19	8	11	11
Upper Hutt City	6	3	0	3	27	13	14	9
Waterside Karori	6	2	3	1	17	15	2	9
Wellington United	6	2	2	2	20	12	8	8
Petone Reserves	7	2	1	4	15	18	-3	7
Western Suburbs	5	1	0	4	8	32	-24	3
North Wellington	6	0	0	6	2	24	-22	0

ROUND 08 REVIEW



FIRST TEAM FIXTURE



NORTH WELLINGTON vs UPPER HUTT CITY

Sunday 8th June, 2.00pm,
Alex Moore Turf

OTHER FIXTURES



SEATOUN AFC VS WESTERN SUBURBS

Sunday 8th June, 12.00pm,
Seatoun Park



VICTORIA UNIVERSITY VS WAIRARAPA UNITED

Sunday 8th June, 1.00pm,
Boyd Wilson Turf



TE KOTAHITANGA VS WELLINGTON UNITED

Sunday 8th June, 2.00pm,
Mazengarb



WATERSIDE KARORI VS PETONE FC

Sunday 8th June, 2.00pm,
Karori Park

UPPER HUTT CITY FOOTBALL WOMEN'S CAPITAL PREMIER



**CAITLIN
DENTON**



**ERIKA
SAXBY**



**BILLIE
COOK**



**EMMA
LAVERY**



**SIENNA
KOVACS**



**ELESHA
SMITH**



**ROSIE
BAILLIE**



**ELLA
BENNETT**



**RUBY
REID**



**RUBY
COFFEY-DUFFIN**



**BROOKE
HUMPHREY**



**HARRIET
WILLIAMS**



**ASHA
DYSON**



**KATIE
PETTENGELL**



**MAYA
ILI**



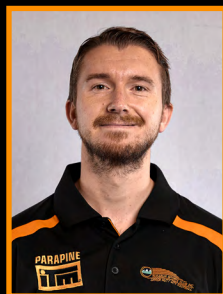
**BECKY
STEWART**



**KEARIS
HOULIHAN**



**JADE
WOOD**



**CALLUM
MARTIN**
HEAD COACH



**HARRY
HECTORS**
ASSISTANT COACH



**GABRIELLE
MATHESON**
MANAGER



**MAIA
TUTBURY**
PHYSIOTHERAPIST

PLAYER PROFILE

KEARIS HOULIHAN

QUICKFIRE

My favourite pro club is...

Man United

If I wasn't a footballer I would be...

Very bored

One thing people may not know about me is...

I would rather die than take this questionnaire

The country I've never been to but want to visit is...

Spain

The item on top of my bucket list is...

Go to Spain

My favourite sports team growing up was...

I didn't have one

Most underrated movie or TV show is...

Smallville

My favourite place to dine out is...

Flying Burrito Brothers

I was starstruck when I met...

I've never been starstruck



PLAYER BIO

Nickname:	Kearis
Age / D.O.B	07/02/2003 22 years
Place of Birth:	Lower Hutt
Playing Position:	Goalkeeper
Right / Left:	Right
Previous Clubs:	Wainui, Stopout and Wellington United

Q & A SESSION

What's your best football memory?

Saving a penalty at school nationals because I gave it away in the first place

Best advice you've ever been given?

Dump it and move on

What advice would you give any young players playing your position?

Being crazy helps

How would you describe yourself as a player?

Pretty chill

Who is the one team you most look forward to playing each season, and why?

I don't look forward to any team

What non-football accomplishment are you most proud of?

I've almost finished my joinery apprenticeship

If you could go to dinner with any three people (past or present), who would it be and why?

My grandparents, Mum's mum and dad, and Dad's dad.



CENTENARY CELEBRATION WEEKEND

**JOIN OUR CELEBRATIONS OF 100 YEARS OF
FOOTBALL AT UPPER HUTT CITY FOOTBALL!**

THUR 19TH – SUN 22ND JUNE (MATARIKI WEEKEND), MAIDSTONE TURF AND CLUBROOMS

Join us for a weekend of events to honour and celebrate our rich and vibrant history!

- | | |
|-----------------|---|
| THURSDAY | Meet and Greet |
| FRIDAY | Home Games, Orange Day, and a Celebration Dinner
at Te Kupenga o Rongomai Maidstone Sports Hub |
| SATURDAY | Club Day, youth teams, and more games and festivities |
| SUNDAY | Home Games, Time Capsule Closure and a Heartfelt Farewell |

Come together for an unforgettable weekend of football, memories, and community spirit!

✉ centenary@upperhuttcityfootball.org.nz



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design

MORE INFORMATION AT UPPERHUTTCITYFOOTBALL.ORG.NZ

CENTENARY SHIRTS



THE CENTENNIAL SHIRT DESIGN FOR UPPER HUTT CITY FOOTBALL IS A POWERFUL TRIBUTE TO THE CLUB'S RICH HISTORY AND ENDURING COMMUNITY SPIRIT.

Featuring unique sleeve bands, the shirt honours the three foundation clubs—Taranua United, Upper Hutt United, and Valley Wanderers—paying subtle homage to the roots that formed today's club. Designed in the signature club colour, the shirt embodies identity and unity.

A standout feature is the inclusion of members' names, both past and present, representing the generational connections and family legacies that have shaped the club's journey. Moving beyond a retro aesthetic, the design emphasizes family as the club's cornerstone, offering a forward-looking vision that remains deeply anchored in tradition. With a modern yet timeless look, the Centennial Shirt captures 100 years of football and community in one emblematic design—celebrating the past, embracing the present, and inspiring the future.



GRAB YOURS TODAY BY SCANNING THE CODE OR VISITING THE LINK
FOOTBALLCENTRAL.CO.NZ/PRODUCTS/UPPER-HUTT-CITY-FC-CENTENARY-JERSEY

\$69.90



weston design

Property of the week



1/6 Oxford Crescent, Ebdentown



2



1



1



2



70 sqm

Price: Enquiries over \$479,000

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MEN'S CENTRAL LEAGUE

UPPER HUTT CITY FOOTBALL

- | | |
|---------------------|-------------------------|
| 1 Joshua Capstick | 25 Matthew Fong |
| 2 Joey Sopikiotis | 26 Elliot Porter-Wallis |
| 3 Blake Chandler | 27 Isaac Adams |
| 4 Ollie Owen | |
| 5 Joshua McCarroll | |
| 6 Rio Winkworth | |
| 7 Samuel Patterson | |
| 8 Lucas Hansen | |
| 9 Harrison Tisch | |
| 10 Alex Braakhuis | |
| 11 Mick Reid | |
| 12 Nkhata Hollywell | |
| 13 Sam Twigg | |
| 14 Connor McIndoe | |
| 15 Herewini Insley | |
| 16 Donal Gahan | |
| 17 Harry Lamont | |
| 18 Shaun Marshall | |
| 19 Ethan Barbier | |
| 21 Benjamin Corbett | |
| 22 Jacob Marshall | |
| 23 Sam Rausch | |
| 24 Joshua Lawson | |



Rory Fallon
Head Coach

Toby Wilton
Asst. Coach

Mark Ellis
Team Manager

Diane Shirer
Physiotherapist

Jake Barney
Conditioning Coach

Lorraine Bowring
Analyst

PHOENIX RESERVES

- | |
|---------------------|
| 1 Matt Foord |
| 22 Eamonn McCarron |
| 3 Kyle Koch |
| 4 Dylan Gardiner |
| 5 Lewis Partridge |
| 7 Ryan Watson |
| 8 Raphael Conway |
| 9 Luke Flowerdew |
| 10 Daniel Makowem |
| 11 Flynn Cave |
| 12 Hayden Thomas |
| 13 Ryan Lee |
| 14 Nicholas Murphy |
| 15 Seth Karunaratne |
| 16 Jack Perniskie |
| 17 Anaru Cassidy |
| 18 Fletcher Pratt |
| 19 Mac Munro |
| 20 Luke Mitchell |
| 21 Lachlan Candy |



Luke Tongue
Head Coach

Ed Hardling
GK Coach

Benjamin Maunsell
S&C Coach

Grayson Harwood
Physiotherapist

Justin Raffan
Team Manager

WOMEN'S CAPITAL PREMIER

UPPER HUTT CITY FOOTBALL

- | |
|-----------------------|
| 1 Caitlin Denton |
| 2 Erika Saxby |
| 3 Billie Cook |
| 4 Emma Lavery |
| 5 Sienna Kovacs |
| 6 Elesha Smith |
| 7 Rosie Baillie |
| 8 Ella Bennett |
| 9 Ruby Reid |
| 10 Ruby Coffey-Duffin |
| 11 Brooke Humphrey |
| 12 Harriet Williams |
| 13 Asha Dyson |
| 14 Katie Pettengell |
| 15 Maya Iti |
| 17 Becky Stewart |
| 18 Kearis Houlihan |
| 20 Jade Wood |



Callum Martin
Head Coach

Harry Hectors
Asst. Coach

Gabrielle Matheson
Manager

Maia Tutbury
Physiotherapist

NORTH WELLINGTON

- | |
|----------------------------------|
| 1 Mckenzie Holbrook |
| 2 Holly Andrews |
| 3 Tara Visser |
| 4 Emma Prowse |
| 5 Seren Mawby |
| 6 Mikayla Leighton |
| 7 Ella Turner |
| 8 Tessa Finnigan |
| 9 Grayce Robbins |
| 10 Sasha Gray |
| 11 Emma Coom |
| 12 Oceana Colston Taylor Edwards |
| 13 Danja Grunwald |
| 14 April Cleverley |
| 15 Ruby Carman |
| 16 Reema Almozani |
| 17 Jade Heather |
| 18 Jade Jamieson |
| 19 Iris Polaschek |
| 20 Kayla Morris |



Ben Coom
Head Coach

Vikas Chauhan
Asst. Coaches

Tom Pohio
Team Manager