



SAT **31**  
MAY

2.00pm, Maidstone Park
ROUND 02

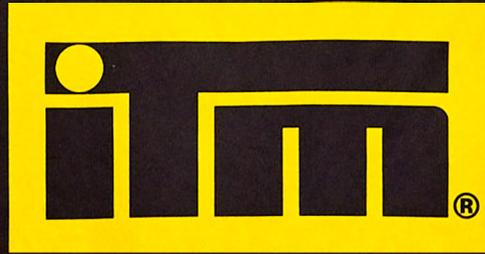
SUN **1**  
JUN

2.00pm, Maidstone Park
ROUND 02



weston
design

TOA





CHAIRMAN'S WELCOME



Good afternoon everyone, and a very warm welcome to Maidstone Park

A special welcome to our visitors from Wests and Waterside Karori — it's great to have you here for what promises to be a big weekend of Cup action with the men in the Chatham Cup on Saturday and the women in Kate Sheppard Cup action on Sunday.

Our Men's First Team are coming off an important win in the league vs North Wellington but know they will face a much sterner test from a Wests side who two weeks ago put 5 past them in the league. The boys will be looking to show they have learnt the lessons from that performance and put in a much stronger showing in the cup and give the home faithful more to cheer about after the highs of a 4-3 thriller against North Wellington.

On Sunday our Women's Firsts have their 2nd match off their Kate Sheppard Cup campaign against Karori, and we know they'll be up for the challenge. The women are coming off some big wins of late having defeated North Wellington 9-0 in the first round of the cup and Wests 11-1 in the league at the weekend however like the men know they face a much sterner test from a Karori side who are currently 3rd in the Central League.

There's a continues to be a real sense of positive energy across the whole club at the moment. From juniors through to our senior teams, we've seen some fantastic performances on the pitch — and just as importantly, progress off it. We have recently opened

a Kiosk downstairs and we are now able to offer our members, visitors and Park users a range of hot and cold beverages and sweet treats as well as some club merchandise including caps, beanies and our recently added centenary beer glass and coffee cup. Supply is limited so get in quick while stocks last.

Looking ahead, we're now firmly in countdown mode for our Matariki Weekend centenary celebrations. There's a full schedule planned, with matches at both Maidstone Park and our old stomping ground, Harcourt Park. It'll be a weekend to remember.

If you haven't already, make sure you grab your tickets for the Centennial Dinner and get your hands on a commemorative centenary shirt. It's a special moment in the club's history, and we'd love to have as many people involved as possible.

Thanks for being here today — and as always, thank you for being part of the club.

Enjoy the matches.

#Orange

Tristan Elder
Chairman



MEN'S COACH COMMENTS

I want to give a warm welcome to the players, staff and supporters of Western Suburbs to Maidstone Park today for our first Chatham Cup game of the season.

The matches over the past few weeks for both teams have led us to what should be quite an exciting rematch.

This is now our second game in 2 weeks v Western Suburbs and a lot has happened since our last meeting on their home ground at Endeavour Park.

Fortunes got reversed last Saturday as we got a huge win v North Wellington that ended up a 4-3 thriller for our supporters. I know there were many with heart palpitations on the balcony right up to full-time with us securing the win in the 89th minute.

Then a shock result for Western Suburbs losing to Island Bay 1-0 last weekend, which for a top team looking for a National League spot that would have been a hard day for everyone involved.

But as we all know football is unpredictable and you can never rest. As for us we learnt a lot of valuable lessons in that 5-0 loss at Endeavour Park 2 weeks ago.



The main lesson for us was if you fail to prepare, prepare to fail. As such, we have also been learning about game mentality, being up for the battle if the game turns ugly.

Our last match against Wests was a huge learning moment for us and we took those learnings and applied in our 4-3 win v North Wellington.

I'm sure today will be another interesting encounter with Wests and look forward to hearing and seeing the support from our UHCF community.

He Waka Eke Noa.

Rory Fallon
Men's Head Coach

WOMEN'S COACH COMMENTS

We knew going in that the Capital Premier League was going to be tough this year.

After a rough start, the girls have been fantastic over the last 4 games. 3 wins in the league in a row with 21 goals scored and a 9-0 cup win have us in really good form at the moment and in a really good position.

The girls are improving every week, and that was shown on the weekend with a very clinical performance. The girls were absolutely ruthless, getting 9 goals in the first half against Wests. A great performance from everyone.



This weekend's game against Karori will be the biggest test yet as they are one of the top teams in the Central League. It's a huge chance for the girls to show that we are able to compete with teams at that level and show that we belong in that division. The team always rises to the occasion in the cup, so it should be a great game.

Callum Martin
Women's Head Coach

ROUND 08 REVIEW



FIRST TEAM FIXTURE



1 - 0



MIRAMAR RANGERS
VS PETONE FC



2 - 2



PHOENIX RESERVES
VS WATERSIDE KARORI



1 - 0



ISLAND BAY UNITED
VS WESTERN SUBURBS



1 - 1



NAPIER CITY ROVERS
VS WELLINGTON OLYMPIC

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	9	8	1	0	27	4	23	25
Miramar Rangers	9	6	0	3	24	9	15	18
Phoenix Reserves	9	5	3	1	21	12	9	18
Napier City Rovers	9	4	3	2	19	12	7	15
Western Suburbs	9	4	1	4	26	16	10	13
Waterside Karori	9	3	3	3	16	23	-7	12
Petone FC	9	2	2	5	24	22	2	8
Island Bay United	9	2	2	5	12	29	-17	8
Upper Hutt City	9	2	1	6	9	24	-15	7
North Wellington	9	0	2	7	15	42	-27	2

ROUND 02 PREVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs WESTERN SUBURBS

Saturday 31st May, 2.00pm,
Maidstone Park

OTHER FIXTURES

FERRYMEAD BAYS
VS SELWYN UNITED

HIBISCUS COAST AFC
VS WAIKATO UNICOL AFC

NAPIER CITY ROVERS
VS PHOENIX RESERVES

VICTORIA UNIVERSITY
VS PALMERSTON NORTH UNITED

STOP OUT
VS SEATOUN AFC

OTUMOETAI FC
VS MANUREWA AFC

HAMILTON WANDERERS
VS NORTHERN ROVERS

WELLINGTON MARIST
VS MIRAMAR RANGERS

WEST COAST RANGERS
VS WHAKATANE TOWN AFC

NGARUAWAHIA UNITED
VS CAMBRIDGE FC

NORTH WELLINGTON
VS ISLAND BAY UNITED

CENTRAL UNITED
VS BIRKENHEAD UNITED

GREEN ISLAND AFC
VS WĀNAKA FC

DUNEDIN CITY ROYALS
VS MOSGIEL AFC

BUCKLANDS BEACH
VS EASTERN SUBURBS

CHRISTCHURCH UNITED
VS NOMADS UNITED

OTAGO UNIVERSITY
VS NORTHERN HEARTS

AUCKLAND FC
VS MELVILLE UNITED

QUEENS PARK AFC
VS NORTHERN AFC

PETONE FC
VS WELLINGTON OLYMPIC

TAUPO AFC
VS AUCKLAND UNITED

ONEHUNGA MANGERE UNITED
VS AUCKLAND CITY

PALMERSTON NORTH MARIST
VS WATERSIDE KARORI

TAURANGA CITY
VS BAY OLYMPIC

MANUKAU UNITED
VS NORTHERN UNITED SPORTS

COASTAL SPIRIT
VS CASHMERE TECHNICAL

EAST COAST BAYS
VS WESTERN SPRINGS

ELLERSLIE AFC
VS NORTHLAND FC
NORTH SHORE UNITED
VS WAIHEKE UNITED

NELSON SUBURBS
VS RANGERS AFC

FENCIBLES UNITED
VS TAKAPUNA

UPPER HUTT CITY FOOTBALL CENTRAL LEAGUE



**JOSHUA
CAPSTICK**



**JOEY
SOPIKIOTIS**



**BLAKE
CHANDLER**



**OLLIE
OWEN**



**JOSHUA
MCCARROLL**



**RIO
WINKWORTH**



**SAMUEL
PATTERSON**



**LUCAS
HANSEN**



**HARRISON
TISCH**



**ALEX
BRAAKHUIS**



**MICK
REID**



**NKHATA
HOLLYWELL**



**SAM
TWIGG**



**CONNOR
MCINDOE**



**HEREWINI
INSLEY**



**DONAL
GAHAN**



**HARRY
LAMONT**



**SHAUN
MARSHALL**



**ETHAN
BARBIER**



**BENJAMIN
CORBETT**

2025 SEASON MEN'S SQUAD LIST



**JACOB
MARSHALL**



**SAM
RAUSCH**



**JOSHUA
LAWSON**



**MATTHEW
FONG**



**ELLIOT
PORTER-WALLIS**



**ISAAC
ADAMS**



**RORY
FALLON**
HEAD COACH



**TOBY
WILTON**
ASSISTANT COACH



**MARK
ELLIS**
TEAM MANAGER



**DIANE
SHIRER**
PHYSIO



**JAKE
BERNEY**
CONDITIONING COACH



**LORRAINE
BOWRING**
ANALYST

PLAYER PROFILE

SAM RAUSCH

QUICKFIRE

My favourite pro club is...

Celtic FC & Peterborough United

If I wasn't a footballer I would be...

Very bored & depressed

One thing people may not know about me is...

I love a beer

The country I've never been to but want to visit is...

Hawaii

The item on top of my bucket list is...

Walk out on the pitch at Celtic Park with a full stadium

My favourite sports team growing up was...

Celtic FC & Peterborough United

Most underrated movie or TV show is...

Rocky

My favourite place to dine out is...

Any Italian restaurant

I was starstruck when I met...

Celtic Legend - Paul Mcstay



PLAYER BIO

Nickname:	Rauschie
Age / D.O.B	10-4-1991 / 34
Place of Birth:	Peterborough, England
Playing Position:	Defensive Midfielder
Right / Left:	Right footed
Previous Clubs:	Upper Hutt, Stop Out for one season in 2021

Q & A SESSION

What's your best football memory?

Being at Celtic Park watching a 2-1 against Barcelona. Unbelievable experience!

Best advice you've ever been given?

You're a long time retired—play as high as you can for as long as you can.

What do your coaches often tell you?

You're too old and not fit enough haha

What advice would you give any young players playing your position?

Don't waste your energy. Learn to read the game, try and stay 2,3,4 plays ahead of whats happening and use your energy to be effective when your involved. Also be as vocal as possible.

How would you describe yourself as a player?

Old & slow but accurate, consistent, tough, loud and supportive.

Who is the one team you most look forward to playing each season, and why?

Anybody within the Hutt Valley. Playing against some mates and other familiar faces that I've battled against before.

What non-football accomplishment are you most proud of?

My two kids & buying a house.

If you could go to dinner with any three people (past or present), who would it be and why?

David Beckham, Henrik Larsson, Maradona

ROUND 07 PREVIEW



FIRST TEAM FIXTURE



1 - 11



3 - 3



**WATERSIDE KARORI
VS TE KOTAHITANGA**



3 - 1



**WAIRARAPA UNITED
VS NORTH WELLINGTON**



3 - 0



**PETONE FC
VS VICTORIA UNIVERSITY**



1 - 2



**WELLINGTON UNITED
VS SEATOUN AFC**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wairarapa United	6	4	0	2	22	17	5	12
Victoria University	6	4	0	2	9	9	0	12
Te Kōwhiri	5	3	2	0	19	8	11	11
Seatoun AFC	6	3	2	1	15	10	5	11
Upper Hutt City	6	3	0	3	27	13	14	9
Waterside Karori	6	2	3	1	17	15	2	9
Wellington United	6	2	2	2	20	12	8	8
Petone FC	6	2	1	3	15	14	1	7
Western Suburbs	5	1	0	4	8	32	-24	3
North Wellington	6	0	0	6	2	24	-22	0

ROUND 02 REVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs WATERSIDE KARORI

Sunday 1st June, 2.00pm,
Maidstone Park

OTHER FIXTURES

FENCIBLES UNITED
VS WEST COAST RANGERS

EAST COAST BAYS
VS ELLERSLIE AFC

PALMERSTON NORTH MARIST
VS WPX WOMEN'S RESERVES

OTAGO UNIVERSITY
VS NORTHERN AFC

DUNEDIN CITY ROYALS
VS ROSLYN WAKARI

FRANKLIN UNITED
VS BIRKENHEAD UNITED

CASHMERE TECHNICAL
VS COASTAL SPIRIT

FC TAURANGA MOANA
VS ONEHUNGA SPORTS

WHAKATANE TOWN
VS WESTERN SPRINGS

NELSON SUBURBS
VS HALSWELL UNITED

TE KOTAHITANGA
VS WELLINGTON UNITED

ONEHUNGA MANGERE
VS LAKES FC

MIRAMAR RANGERS
VS VICTORIA UNIVERSITY

AUCKLAND UNITED
VS HIBISCUS COAST

EASTERN SUBURBS
VS CAMBRIDGE FC

UPPER HUTT CITY FOOTBALL WOMEN'S CAPITAL PREMIER



**CAITLIN
DENTON**



**ERIKA
SAXBY**



**BILLIE
COOK**



**EMMA
LAVERY**



**SIENNA
KOVACS**



**ELESHA
SMITH**



**ROSIE
BAILIE**



**ELLA
BENNETT**



**RUBY
REID**



**RUBY
COFFEY-DUFFIN**



**BROOKE
HUMPHREY**



**HARRIET
WILLIAMS**



13
**ASHA
DYSON**



14
**KATIE
PETTENGELL**



15
**MAYA
III**



17
**BECKY
STEWART**



18
**KEARIS
HOULIHAN**



20
**JADE
WOOD**



**CALLUM
MARTIN**
HEAD COACH



**HARRY
HECTORS**
ASSISTANT COACH



**GABRIELLE
MATHESON**
MANAGER



**MAIA
TUTBURY**
PHYSIOTHERAPIST

PLAYER PROFILE

ELLA BENNETT

QUICKFIRE

My favourite pro club is...

Man United

If I wasn't a footballer I would be...

A Tradie

One thing people may not know about me is...

Got hit with the tism

The country I've never been to but want to visit is...

Denmark

The item on top of my bucket list is...

To own a sausage dog

My favourite sports team growing up was...

Man United

Most underrated movie or TV show is...

The Outsiders

My favourite place to dine out is...

I don't have one



PLAYER BIO

Nickname: Ella
Age / D.O.B 28/08/2005
Place of Birth: Lower Hutt
Playing Position: RB
Right / Left: Right
Previous Clubs: Petone

Q & A SESSION

What's your best football memory?

Getting pushed over and doing a roly poly cause it was fun

Best advice you've ever been given?

Just keep swimming

What do your coaches often tell you?

Be confident

What advice would you give any young players playing your position?

It's a lot of running and sometimes fun

How would you describe yourself as a player?

Skilled

Who is the one team you most look forward to playing each season, and why?

I don't have one

What non-football accomplishment are you most proud of?

Making the first cricket team at school



CENTENARY CELEBRATION WEEKEND

JOIN OUR CELEBRATIONS OF 100 YEARS OF FOOTBALL AT UPPER HUTT CITY FOOTBALL!

THUR 19TH – SUN 22ND JUNE (MATARIKI WEEKEND), MAIDSTONE TURF AND CLUBROOMS

Join us for a weekend of events to honour and celebrate our rich and vibrant history!

- THURSDAY** Meet and Greet
- FRIDAY** Home Games, Orange Day, and a Celebration Dinner at Te Kupenga o Rongomai Maidstone Sports Hub
- SATURDAY** Club Day, youth teams, and more games and festivities
- SUNDAY** Home Games, Time Capsule Closure and a Heartfelt Farewell!

Come together for an unforgettable weekend of football, memories, and community spirit!!

✉ centenary@upperhuttcityfootball.org.nz



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MORE INFORMATION AT UPPERHUTTCITYFOOTBALL.ORG.NZ

CENTENARY SHIRTS



THE CENTENIAL SHIRT DESIGN FOR UPPER HUTT CITY FOOTBALL IS A POWERFUL TRIBUTE TO THE CLUB'S RICH HISTORY AND ENDURING COMMUNITY SPIRIT.

Featuring unique sleeve bands, the shirt honours the three foundation clubs—Taruia United, Upper Hutt United, and Wallaceville Wanderers—paying subtle homage to the roots that formed today's club. Designed in the signature club colour, the shirt embodies identity and unity.

A standout feature is the inclusion of members' names, both past and present, representing the generational connections and family legacies that have shaped the club's journey. Moving beyond a retro aesthetic, the design emphasizes family as the club's cornerstone, offering a forward-looking vision that remains deeply anchored in tradition. With a modern yet timeless look, the Centennial Shirt captures 100 years of football and community in one emblematic design—celebrating the past, embracing the present, and inspiring the future.



GRAB YOURS TODAY BY SCANNING THE CODE OR VISITING THE LINK
[FOOTBALLCENTRAL.CO.NZ/PRODUCTS/UPPER-HUTT-CITY-FC-CENTENARY-JERSEY](https://www.footballcentral.co.nz/products/upper-hutt-city-fc-centenary-jersey)

\$69.90



weston design

Property of the week



148 McLeod Street, Elderslea



3



1



2



2



140 sqm



650 sqm

Tender: Closing Wednesday 4 June 2025, 2 p.m.
(unless sold prior)

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MEN'S CHATHAM CUP

UPPER HUTT CITY FOOTBALL

- 1 Joshua Capstick
- 2 Joey Sopikiotis
- 3 Blake Chandler
- 4 Ollie Owen
- 5 Joshua McCarroll
- 6 Rio Winkworth
- 7 Samuel Patterson
- 8 Lucas Hansen
- 9 Harrison Tisch
- 10 Alex Braakhuis
- 11 Mick Reid
- 12 Nkhata Hollywell
- 13 Sam Twigg
- 14 Connor McIndoe
- 15 Herewini Insley
- 16 Donal Gahan
- 17 Harry Lamont
- 18 Shaun Marshall
- 19 Ethan Barbier
- 21 Benjamin Corbett
- 22 Jacob Marshall
- 23 Sam Rausch
- 24 Joshua Lawson
- 25 Matthew Fong
- 26 Elliot Porter-Wallis
- 27 Isaac Adams



Rory Fallon
Head Coach

Toby Wilton
Asst. Coach

Mark Ellis
Team Manager

Diane Shirer
Physiotherapist

Jake Barney
Conditioning Coach

Lorraine Bowring
Analyst

WESTERN SUBURBS

- 1 Matt Calvert (GK)
- 2 Jamie Wildash-Chan
- 3 Jonny Reynolds
- 4 Jackson Bigwood
- 5 Sebastian Sanchez
- 6 Harry Fautley
- 7 Jon Robinson
- 8 Noah Tipene Clegg
- 9 Alex Andersson
- 11 Seb Barton-Ginger
- 12 Caleb Hunt
- 13 Matt Calvert (GK)
- 14 Dakota Brady
- 16 Lewis Miller
- 17 Cameron McKenzie
- 18 Blake Inder
- 19 Kaelin Nguyen
- 21 Finn Diamond
- 22 Alifeleti Peine



Michal Walesiak
Head Coach

Matt Calvert
Asst. Coach

Zac Burke
GK Coach

Victoria Lemelin-Morin
Physiotherapist

Brian McInnes
Team Manager

WOMEN'S KATE SHEPPARD CUP

UPPER HUTT CITY FOOTBALL

- 1 Caitlin Denton
- 2 Erika Saxby
- 3 Billie Cook
- 4 Emma Lavery
- 5 Sienna Kovacs
- 6 Elesha Smith
- 7 Rosie Baillie
- 8 Ella Bennett
- 9 Ruby Reid
- 10 Ruby Coffey-Duffin
- 11 Brooke Humphrey
- 12 Harriet Williams
- 13 Asha Dyson
- 14 Katie Pettengell
- 15 Maya Iti
- 17 Becky Stewart
- 18 Kearis Houlihan
- 20 Jade Wood



Callum Martin
Head Coach

Harry Hectors
Asst. Coach

Gabrielle Matheson
Manager

Maia Tutbury
Physiotherapist

WATERSIDE KARORI

- 22 Annie Foote (GK)
- 1 Anna Morgan (GK)
- 3 Jessica Drysdale
- 4 Sherize Concessio
- 5 Taylor Cooper
- 6 Kate Mills
- 7 Renee Bacon (C)
- 8 Amelia Abbott
- 9 Samantha Senior
- 10 Isabella Ismail-Sanders
- 11 Rhianna Houghton
- 12 Sophie Bradley
- 14 Aimee Cherry
- 15 Hannah Ross
- 16 Margot Ramsey
- 17 Nicola Ross
- 18 Amelia Abbott



Marty Rodwell
Head Coach

Stu Dunn
Devyn Crawford
Asst. Coaches

Susan Baikie
Team Manager