



SAT **24** *MAY*  
 2.00pm, Maidstone Park
 ROUND 09

SUN **25** *MAY*  
 1.30pm, Endeavour Park
 ROUND 07



weston
design

TOA





CHAIRMAN'S WELCOME



Good afternoon, and a warm welcome to North Wellington for today's important fixture.

We're pleased to have you with us at Maidstone Park and the Pavilion. Whether you're here for the first time or you've stood on these sidelines for decades, it's great to have you with us.

It's been an exciting few weeks around the club. From junior kick-offs to senior match days, the energy on and off the field has been fantastic. A huge thank you goes out to all our coaches, managers, parents, and volunteers who make it all happen.

Special recognition this week goes to our Events Team, who have done an outstanding job coordinating photo week across the entire club, and to our Media Team, whose consistent efforts behind the scenes continue to make a real difference — thank you both.

As our centenary season continues and Matariki weekend celebrations draw closer, there's a real sense of momentum building. Centenary shirts will soon be available for presale, so keep an eye out for that announcement. The Shot! Coffee kiosk is now up and running, offering a great spot to grab something on match days and a reminder all are welcome upstairs in the pavilion to watch the game and connect with others. We're also inviting feedback and ideas from across

our club community. Whether it's improvements to the clubhouse, suggestions for training resources, or new social event ideas, we'd love to hear your thoughts. This is your opportunity to help shape the future of the club together. You can send your ideas to: feedback@upperhuttcityfootball.org.nz

On the football front, it's been great to see strong performances right across the club. This weekend offers another chance for our teams to step up, and we wish them all the very best. Don't forget to follow us on social media or check the website for match results and upcoming fixtures — it's a great way to stay in the loop.

Looking ahead, make sure you've secured your tickets for the Centennial Dinner, and keep an eye out for other Matariki weekend events. It's shaping up to be a truly memorable time, full of catch-ups, storytelling, a bit of embellishment and shared pride in our club's journey.

#Orange

Tristan Elder
Chairman



MEN'S COACH COMMENTS



I want to give a warm welcome to North Wellington to Maidstone today.

As we entered pre season in February I was under no illusions that our first year back in the Central League would ever be easy. And it's proving to be the case. Having been away from the elite New Zealand competition for 12 years it's proven to be a massive learning curve for my team.

Even though we have only got a win and a draw so far we are in a very good space where we are adapting and learning on the job. Our team wants to fight for our place in this league and we see this each week where we consistently hold our own in the first half of every match.

The pace and power of the league doesn't even compare to the lower divisions so it's going to take time, learnings and growth to catch up. I know with the experience of the season it will only help my young team and as we look to play our final match of the first round I feel we are starting to turn a corner which will see us push a little further up the table.

There's some football cliches that are passed around that are always brought up and when a big game is

mentioned the dreaded 6 pointer gets brought up. On this occasion I guess that term could be accurate.

North Wellington are looking for their first win of the season and hopefully want to jump above us on the table. On the other hand we know that winning today gives us more breathing space from North Wellington and helps us to be closer towards our goal of midtable in the league.

The team today that holds their nerve under pressure will be the team that takes the points.

I have no doubt that my lads will put on a great performance today and show the Orange faithful that we belong in this league.

He Waka Eke Noa.

Rory Fallon
Men's Head Coach

WOMEN'S COACH COMMENTS



A really strong few weeks for the girls has the team in really good form.

We have had 3 wins in a row with 2 being in the Capital Premier League and 1 in the Kate Sheppard Cup. The performances have stepped up week on week and if they continue we should be in for a really good season.

It's been fantastic to watch over the last 3 games with 19 goals for and 3 against and we're looking to have that continue. This weekend is a game against a good Western Suburbs team at Endeavor Park, which

should be a great game to watch as both teams have had multiple high scoring games. The support for the women's teams this year has been fantastic and makes a real difference for the girls so thanks to everyone who has been coming down.

Callum Martin
Women's Head Coach

ROUND 08 REVIEW



FIRST TEAM FIXTURE



	3 - 3		PETONE FC VS NAPIER CITY ROVERS
	2 - 3		WATERSIDE KARORI VS MIRAMAR RANGERS
	2 - 3		NORTH WELLINGTON VS PHOENIX RESERVES
	2 - 0		WELLINGTON OLYMPIC VS ISLAND BAY UNITED

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	8	8	0	0	26	3	23	24
Phoenix Reserves	8	5	2	1	19	10	9	17
Miramar Rangers	8	5	0	3	23	9	14	15
Napier City Rovers	8	4	2	2	18	11	7	14
Western Suburbs	8	4	1	3	26	15	11	13
Waterside Karori	8	3	2	3	14	21	-7	11
Petone FC	8	2	2	4	24	21	3	8
Island Bay United	8	1	2	5	11	29	-18	5
Upper Hutt City	8	1	1	6	5	21	-16	4
North Wellington	8	0	2	6	12	38	-26	2

ROUND 09 PREVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs NORTH WELLINGTON

Saturday 24th May, 2.00pm,
Maidstone Park

OTHER FIXTURES



WELLINGTON OLYMPIC vs PETONE FC

Saturday 24th May, 2.30pm,
David Farrington Park



PHOENIX RESERVES vs WATERSIDE KARORI

Saturday 24th May, 3.00pm,
Fraser Park



ISLAND BAY UNITED vs WESTERN SUBURBS

Saturday 24th May, 3.30pm,
Wakefield Park



NAPIER CITY ROVERS vs WELLINGTON OLYMPIC

Sunday 25th May, 2.00pm,
Bluewater Stadium

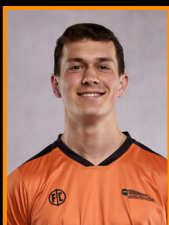
UPPER HUTT CITY FOOTBALL CENTRAL LEAGUE



**JOSHUA
CAPSTICK**



**JOEY
SOPKIOTIS**



**BLAKE
CHANDLER**



**OLLIE
OWEN**



**JOSHUA
MCCARROLL**



**RIO
WINKWORTH**



**SAMUEL
PATTERSON**



**LUCAS
HANSEN**



**HARRISON
TISCH**



**ALEX
BRAAKHUIS**



**MICK
REID**



**NKHATA
HOLLYWELL**



**SAM
TWIGG**



**CONNOR
MCINDOE**



**HEREWINI
INSLEY**



**DONAL
GAHAN**



**DAVID
WARBRICK**



**SHAUN
MARSHALL**



**ETHAN
BARBIER**



**BENJAMIN
CORBETT**

2025 SEASON MEN'S SQUAD LIST



**JACOB
MARSHALL**



**SAM
RAUSCH**



**JOSHUA
LAWSON**



**MATTHEW
FONG**



**ELLIOT
PORTER-WALLIS**



**ISAAC
ADAMS**



**RORY
FALLON**
HEAD COACH



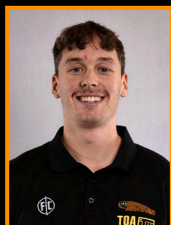
**TOBY
WILTON**
ASSISTANT COACH



**MARK
ELLIS**
TEAM MANAGER



**DIANE
SHRER**
PHYSIO



**JAKE
BERNEY**
CONDITIONING COACH



**LORRAINE
BOWRING**
ANALYST

PLAYER PROFILE

JOEY SOPIKIOTUS

QUICKFIRE

My favourite pro club is...

Chelsea

If I wasn't a footballer I would be...

Unhappy

One thing people may not know about me is...

I'm American

The country I've never been to but want to visit is...

Japan

The item on top of my bucket list is...

Machu Pichu

My favourite sports team growing up was...

Chicago Bears

Most underrated movie or TV show is...

Moana

My favourite place to dine out is...

Chipotle

I was starstruck when I met...

Rory Fallon



PLAYER BIO

Nickname:	Joey
Age / D.O.B	03/08/2000 / 24
Place of Birth:	Chicago
Playing Position:	CDM
Right / Left:	Right
Previous Clubs:	Wynnum Wolves

Q & A SESSION

What's your best football memory?

Winning promotion to NPL and grand final at suncorp stadium, every kid dreams of those moments

Best advice you've ever been given?

Control what you can control

What do your coaches often tell you?

Use your voice

What advice would you give any young players playing your position?

Check your shoulders

How would you describe yourself as a player?

I'm a Dawg

Who is the one team you most look forward to playing each season, and why?

Olympic, top tier and I'm half Greek

What non-football accomplishment are you most proud of?

Graduating from university

If you could go to dinner with any three people (past or present), who would it be and why?

Thierry Henry, Jamie carragher, Micah Richards....
Pure banter

ROUND 06 REVIEW



FIRST TEAM FIXTURE



-



**VICTORIA UNIVERSITY
VS TE KOTAHITANGA**



-



**SEATOUN AFC
VS PETONE FC**



-



**WATERSIDE KARORI
VS WESTERN SUBURBS**



-



**NORTH WELLINGTON
VS WELLINGTON UNITED**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Victoria University	5	4	0	1	9	6	3	12
Te Kotahitanga	4	3	1	0	16	5	11	10
Wairarapa United	5	3	0	2	19	16	3	9
Wellington United	5	2	2	1	19	10	9	8
Seatoun AFC	5	2	2	1	13	9	4	8
Waterside Karori	5	2	2	1	14	12	2	8
Upper Hutt City	5	2	0	3	16	12	4	6
Petone FC	5	1	1	3	12	14	-2	4
Western Suburbs	4	1	0	3	7	21	-14	3
North Wellington	5	0	0	5	1	21	-20	0

ROUND 07 REVIEW



FIRST TEAM FIXTURE



WESTERNS SUBURBS vs UPPER HUTT CITY

Sunday 25th May, 1.30pm,
Endeavour Park

OTHER FIXTURES



**WATERSIDE KARORI
VS TE KOTAHITANGA**

Sunday 25th May, 12.00pm,
Karori Park



**WELLINGTON UNITED
VS SEATOUN AFC**

Sunday 25th May, 1.00pm,
Newtown Park



**WAIRARAPA UNITED
VS NORTH WELLINGTON**

Sunday 25th May, 2.00pm,
Solway Showgrounds



**PETONE FC
VS VICTORIA UNIVERSITY**

Sunday 25th May, 3.00pm,
Petone Memorial

UPPER HUTT CITY FOOTBALL WOMEN'S CAPITAL PREMIER



**CAITLIN
DENTON**



**ERIKA
SAXBY**



**BILLIE
COOK**



**EMMA
LAVERY**



**SIENNA
KOVACS**



**ELESHA
SMITH**



**ROSIE
BAILLIE**



**ELLA
BENNETT**



**RUBY
REID**



**RUBY
COFFEY-DUFFIN**



**BROOKE
HUMPHREY**



**HARRIET
WILLIAMS**



**ASHA
DYSON**



**KATIE
PETTENGELL**



**MAYA
ILI**



**BECKY
STEWART**



**KEARIS
HOULIHAN**



**JADE
WOOD**



**CALLUM
MARTIN**
HEAD COACH



**HARRY
HECTORS**
ASSISTANT COACH



**GABRIELLE
MATHESON**
MANAGER



**MAIA
TUTBURY**
PHYSIOTHERAPIST

PLAYER PROFILE

ASHA DYSON

QUICKFIRE

My favourite pro club is...

Phoenix and Chelsea

If I wasn't a footballer I would be...

A Futsal player

One thing people may not know about me is...

I enjoy helping younger kids find passion and love for football

The country I've never been to but want to visit is...

England

The item on top of my bucket list is...

Go to a Chelsea women's game with Claire!

My favourite sports team growing up was...

Wellington Phoenix

Most underrated movie or TV show is...

Young Sheldon

My favourite place to dine out is...

Pita Pit

I was starstruck when I met...

Annalie Longo



PLAYER BIO

Nickname:	Ash
Age / D.O.B	4th December 2008 (16)
Place of Birth:	Lower Hutt
Playing Position:	Winger/Wingback
Right / Left:	Still trying to figure that out 11 years later

Q & A SESSION

What's your best football memory?

Debuting for the Women's 1sts in 2023 because it is such a competitive yet fun, supportive and positive environment at the same time

Best advice you've ever been given?

Believe you can and you're halfway there

What do your coaches often tell you?

That I'm very dedicated

What advice would you give any young players playing your position?

Take risks and make mistakes because you don't know how good you are until you risk something and it's good to learn from your mistakes so you can improve

How would you describe yourself as a player?

Passionate, committed and always wanting to be better

Who is the one team you most look forward to playing each season, and why?

Probably Wellington United, always a good competition

What non-football accomplishment are you most proud of?

Helping my school Futsal team come top 3 in regionals this year

If you could go to dinner with any three people (past or present), who would it be and why?

Annalie Longo, Sam Kerr and Lauren James



CENTENARY CELEBRATION WEEKEND

**JOIN OUR CELEBRATIONS OF 100 YEARS OF
FOOTBALL AT UPPER HUTT CITY FOOTBALL!**

THUR 19TH – SUN 22ND JUNE (MATARIKI WEEKEND), MAIDSTONE TURF AND CLUBROOMS

Join us for a weekend of events to honour and celebrate our rich and vibrant history!

- | | |
|-----------------|---|
| THURSDAY | Meet and Greet |
| FRIDAY | Home Games, Orange Day, and a Celebration Dinner
at Te Kupenga o Rongomai Maidstone Sports Hub |
| SATURDAY | Club Day, youth teams, and more games and festivities |
| SUNDAY | Home Games, Time Capsule Closure and a Heartfelt Farewell |

Come together for an unforgettable weekend of football, memories, and community spirit!

✉ centenary@upperhuttcityfootball.org.nz



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MORE INFORMATION AT UPPERHUTTCITYFOOTBALL.ORG.NZ

Property of the week



58 Fraser Crescent, Elderslea



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1



100 sqm



748 sqm

Price: Enquiries over \$689,000

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MEN'S CENTRAL LEAGUE

UPPER HUTT CITY FOOTBALL

- | | | | |
|----|------------------|----|-----------------------|
| 1 | Joshua Capstick | 25 | Matthew Fong |
| 2 | Joey Sopikiotis | 26 | Elliott Porter-Wallis |
| 3 | Blake Chandler | 27 | Isaac Adams |
| 4 | Ollie Owen | | |
| 5 | Joshua McCarroll | | |
| 6 | Rio Winkworth | | |
| 7 | Samuel Patterson | | |
| 8 | Lucas Hansen | | |
| 9 | Harrison Tisch | | |
| 10 | Alex Braakhuis | | |
| 11 | Mick Reid | | |
| 12 | Nkhata Hollywell | | |
| 13 | Sam Twigg | | |
| 14 | Connor McIndoe | | |
| 15 | Herewini Insley | | |
| 16 | Donal Gahan | | |
| 17 | David Warbrick | | |
| 18 | Shaun Marshall | | |
| 19 | Ethan Barbier | | |
| 21 | Benjamin Corbett | | |
| 22 | Jacob Marshall | | |
| 23 | Sam Rausch | | |
| 24 | Joshua Lawson | | |



Rory Fallon
Head Coach

Toby Wilton
Asst. Coach

Mark Ellis
Team Manager

Diane Shrer
Physio

Jake Barney
Conditioning Coach

Lorraine Bowring
Analyst

NORTH WELLINGTON

- | | |
|----|-----------------------|
| 1 | Brooklyn Browne |
| 2 | Tom Speers |
| 3 | Ajay Kumar |
| 4 | Camden Gilchrist |
| 5 | Dion Keetley |
| 7 | Nate Brosnahan |
| 8 | Paulo Bjorck |
| 9 | Alex Mort |
| 10 | Josh Zatorski |
| 11 | Miles Woodhall |
| 12 | Wilson Souphanthavong |
| 13 | Lachie Macgregor |
| 15 | Phil Fatialofa |
| 16 | Oli Davies |
| 17 | Charlie Hopper |
| 18 | Benji McMillan |
| 21 | Calum Martin-Bond |
| 22 | Matteo Lidstone |
| 23 | Ryan Bain |



Stu Pyne
Head Coach

Andy Vines
Mark Gilchrist
Asst. Coaches

Vikas Chauhan
S&C Coach

WOMEN'S CAPITAL PREMIER

UPPER HUTT CITY FOOTBALL

- | | |
|----|--------------------|
| 1 | Caitlin Denton |
| 2 | Erika Saxby |
| 3 | Billie Cook |
| 4 | Emma Lavery |
| 5 | Sienna Kovacs |
| 6 | Elesha Smith |
| 7 | Rosie Baillie |
| 8 | Ella Bennett |
| 9 | Ruby Reid |
| 10 | Ruby Coffey-Duffin |
| 11 | Brooke Humphrey |
| 12 | Harriet Williams |
| 13 | Asha Dyson |
| 14 | Katie Pettengell |
| 15 | Maya Iti |
| 17 | Becky Stewart |
| 18 | Kearis Houlihan |
| 20 | Jade Wood |



Callum Martin
Head Coach

Harry Hectors
Asst. Coach

Gabrielle Matheson
Manager

Maia Tutbury
Physiotherapist

WESTERN SUBURBS

- | | |
|----|---------------------|
| 1 | Tessa Campbell |
| 2 | Shayla Akavi |
| 3 | Tegan Porter |
| 4 | Jess Woodside |
| 5 | Issy Smith |
| 6 | Chloe Mattock |
| 7 | Meren Hall |
| 8 | Alana Chapman-Walsh |
| 9 | Polly Gibbs |
| 10 | Rosalie Nicholls |
| 11 | Chamae Ellen |
| 12 | Lily Campbell |
| 13 | Jess Henn |
| 14 | Mia Macintosh |
| 15 | Tully Stephens |

