



SAT **10** MAY



3.00pm, Maidstone Park

ROUND 07

SUN **11** MAY



2.30pm, Alex Moore Turf

ROUND 01



CENTRAL
LEAGUE



Kate Sheppard
CUP

weston
design

TOA





CHAIRMAN'S WELCOME



**Good afternoon, and a warm welcome to Wellington Olympic.
We're pleased to have you with us today at Maidstone Park and the Pavilion.**

With junior and youth football now in full swing, it's fantastic to see the park buzzing with activity — players, families, and supporters all contributing to a vibrant atmosphere. A special mention to our Fantails group, who will take the field for the very first time this Friday. It's a great milestone, made possible by the hard work of our Fantails team and the support of Capital Football.

Looking ahead, our coaching team, led by Rory Fallon, will be rolling out further development programs in the coming weeks. We're also excited to be looking at introducing a Futsal extension program to add even more opportunities for players to grow their skills.

On the field, both our first teams turned in strong performances last weekend. This Saturday, our Men's team will be aiming to put a strong performance in against 2024 Central League Champions Olympic, while the Women's team kicks off their Kate Sheppard Cup campaign away to North Wellington FC. We wish both teams the best.

Off the field, we've started work on the club's Strategic Plan. In the near future, we'll be reaching out to our

members and community for input — it's an important opportunity to help shape the club's direction going forward.

And of course, our centenary celebrations are just around the corner. Matariki weekend next month promises to be a special time for the club, with several events planned — including our Centennial Dinner. Keep an eye out for updates and be sure to secure your tickets.

Finally, just a friendly reminder about behaviour on and off the field — let's continue to represent our club with pride and respect.

Enjoy the match today, and thank you for being part of the club.

#Orange

Tristan Elder
Chairman



MEN'S COACH COMMENTS



I want to give a warm welcome to Paul Ifill and his Olympic team to Maidstone today.

As a club that hasn't been in the Central League for 12 years it's amazing to see how far we have come in a year. We overcame many challenges to reach promotion at the end of last year and further continue to challenge ourselves against teams who are seasoned in the Central League with this week being arguably our biggest test so far this season.

It is exciting to get to host Wellington Olympic, one of the biggest clubs in New Zealand with a strong football history behind them.

With that history creates an expectation to win and not just win but dominate teams in the Central League with the players and backing they possess.

This reinforces that it will definitely be one of our biggest tests of the year. A match like this is really a David v Goliath but we are looking forward to the challenge.

We are a team on a growth journey, with that I feel each game we get more and more confident and although we still have a lot of work to do we are slowly making progress with each game we play.

Last week against Petone was a prime example of that hard work paying off.

I'm hoping the lads can gain a lot of confidence from that victory and use that as a springboard to get higher up the table.

Thank you to all the volunteers, sponsors and Upper Hutt City Football fans that have come to support us today. Your ongoing support is truly appreciated.

He Waka Eke Noa

Rory Fallon
Men's Head Coach

ROUND 06 REVIEW



FIRST TEAM FIXTURE

			2 - 1		WATERSIDE KARORI VS NAPIER CITY ROVERS
			6 - 2		WESTERN SUBURBS VS NORTH WELLINGTON
			6 - 1		MIRAMAR RANGERS VS ISLAND BAY UNITED
3 - 4			3 - 0		WELLINGTON OLYMPIC VS PHOENIX RESERVES

LEAGUE TABLE	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	6	6	0	0	23	3	20	18
Phoenix Reserves	6	4	1	1	14	6	8	13
Miramar Rangers	6	4	0	2	20	4	16	12
Napier City Rovers	6	3	1	2	12	8	4	10
Waterside Karori	6	3	1	2	10	16	-6	10
Western Suburbs	6	3	0	3	19	13	6	9
Island Bay United	6	1	2	3	10	23	-13	5
Petone FC	6	1	1	4	17	17	0	4
Upper Hutt City	6	1	1	4	5	15	-10	4
North Wellington	6	0	1	5	8	33	-25	1

ROUND 07 PREVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY VS WELLINGTON OLYMPIC

Saturday 10th May, 3.00pm,
Maidstone Park

OTHER FIXTURES



WESTERN SUBURBS VS WELLINGTON PHOENIX

Saturday 10th May, 12.30pm,
Endeavour Park



NORTH WELLINGTON VS WATERSIDE KARORI

Saturday 10th May, 3.00pm,
Alex Moore Turf



ISLAND BAY UNITED VS PETONE FC

Saturday 10th May, 3.30pm,
Wakefield Park



NAPIER CITY ROVERS VS MIRAMAR RANGERS

Sunday 11th May, 2.00pm,
Bluewater Stadium

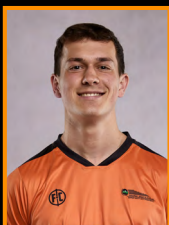
UPPER HUTT CITY FOOTBALL CENTRAL LEAGUE



**JOSHUA
CAPSTICK**



**JOE
SOPKIOTIS**



**BLAKE
CHANDLER**



**OLLIE
OWEN**



**JOSHUA
MCCARROLL**



**RIO
WINKWORTH**



**SAMUEL
PATTERSON**



**LUCAS
HANSEN**



**HARRISON
TISCH**



**ALEX
BRAAKHUIS**



**MICK
REID**



**NKHATA
HOLLYWELL**



**SAM
TWIGG**



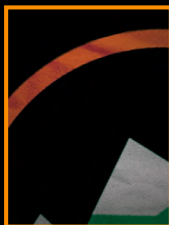
**CONNOR
MCINDOE**



**HEREWINI
INSLEY**



**DONAL
GAHAN**



**DAVID
WARBRICK**



**SHAUN
MARSHALL**



**ETHAN
BARBIER**



**BENJAMIN
CORBETT**

2025 SEASON MEN'S SQUAD LIST



**JACOB
MARSHALL**



**SAM
RAUSCH**



**JOSHUA
LAWSON**



**MATTHEW
FONG**



**ELLIOT
PORTER-WALLIS**



**ISAAC
ADAMS**



**RORY
FALLON**
HEAD COACH



**TOBY
WILTON**
ASSISTANT COACH



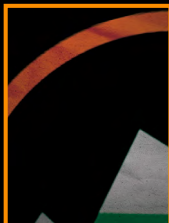
**MARK
ELLIS**
TEAM MANAGER



**DIANE
SHRER**
PHYSIO



**JAKE
BERNEY**
CONDITIONING COACH



**LORRAINE
BOWRING**
ANALYST

PLAYER PROFILE

CONNOR MCINDOE

QUICKFIRE

My favourite pro club is...

Manchester United (unfortunately).

If I wasn't a footballer I would be...

Able to walk comfortably on my ankles.

One thing people may not know about me is...

I scored from halfway previously.

The country I've never been to but want to visit is...

Egypt.

The item on top of my bucket list is...

Attend a World Cup final.

My favourite sports team growing up was...

Manchester United.

Most underrated movie or TV show is...

Narcos.

My favourite place to dine out is...

Anywhere with Korean fried chicken.



PLAYER BIO

Nickname:	Mac, Fluffy
Age / D.O.B	25/01/2000
Place of Birth:	New Zealand
Playing Position:	Full back
Right / Left:	Right

Q & A SESSION

What's your best football memory?

Central League promotion - years in the making.

Best advice you've ever been given?

Learn to take advice.

What do your coaches often tell you?

Look after yourself.

What advice would you give any young players playing your position?

Live for your matchup.

How would you describe yourself as a player?

I tend to just run a bit and tackle.

Who is the one team you most look forward to playing each season, and why?

Lower Hutt - Local derby.

What non-football accomplishment are you most proud of?

I have managed to survive 25 summers so far.

If you could go to dinner with any three people (past or present), who would it be and why?

Lebron James, Genghis Khan, and James McDonald - each would bring unique experiences and stories to the table.

ROUND 05 REVIEW



FIRST TEAM FIXTURE



3 - 4



3 - 0



**WATERSIDE KARORI
VS VICTORIA UNIVERSITY**



2 - 2



**TE KOTAHITANGA
VS SEATOUN AFC**



8 - 1



**WAIRARAPA UNITED
VS WESTERN SUBURBS**



8 - 1



**PETONE FC
VS NORTH WELLINGTON**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Te Kotahitanga	4	3	1	0	16	5	11	10
Wairarapa United	5	3	0	2	19	16	3	9
Victoria University	4	3	0	1	7	5	2	9
Wellington United	5	2	2	1	19	10	9	8
Seatoun AFC	5	2	2	1	13	9	4	8
Waterside Karori	5	2	2	1	14	12	2	8
Upper Hutt City	5	2	0	3	16	12	4	6
Petone FC	5	1	1	3	12	14	-2	4
Western Suburbs	3	1	0	2	6	19	-13	3
North Wellington	5	1	0	5	1	21	-20	0

ROUND 01 PREVIEW



FIRST TEAM FIXTURE



UPPER HUTT CITY vs NORTH WELLINGTON

Sunday 11th May, 2.30pm,
Alex Moore Turf

OTHER FIXTURES

GREEN ISLAND AFC
VS DUNEDIN CITY ROYALS

NORTHERN AFC
VS QUEENS PARK AFC

RICHMOND FOXES
VS NELSON SUBURBS

FRANKLIN UNITED
VS WAIKATO UNICOL

HALSWELL UNITED
VS FERRYMEAD BAYS

WHAKATANE TOWN
VS PAKAPURA CITY

WELLINGTON UNITED
VS PETONE 1ST TEAM

UNIVERSITY AFC
VS CASHMERE TECHNICAL

TE AWAMUTU
VS LAKES FC

PALMERSTON NORTH MARIST
VS SHADOW SOLUTIONS

TE KOTAHITANGA
VS SEATOUN AFC

COASTAL SPIRIT
VS SELWYN UNITED

BAY OLYMPIC
VS CAMBRIDGE FC

NORTHERN ROVERS
VS ONEHUNGA SPORTS

ONEHUNGA MANGERE UNITED
VS WEST AUCKLAND LEAGUE

UNI-MOUNT BOHEMIAN AFC
VS EAST COAST BAYS

UPPER HUTT CITY FOOTBALL WOMEN'S CAPITAL PREMIER



**CAITLIN
DENTON**



**ERIKA
SAXBY**



**BILLIE
COOK**



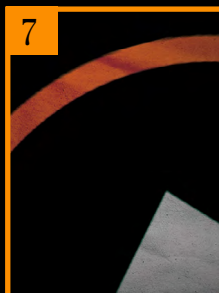
**EMMA
LAVERY**



**SIENNA
KOVACS**



**ELESHA
SMITH**



**ROSIE
BAILIE**



**ELLA
BENNETT**



**RUBY
REID**



**RUBY
COFFEY-DUFFIN**



**BROOKE
HUMPHREY**



**HARRIET
WILLIAMS**



**ASHA
DYSON**



**KATIE
PETTENGELL**



**MAYA
ILI**



**BECKY
STEWART**



**KEARIS
HOULIHAN**



**JADE
WOOD**



**CALLUM
MARTIN**
HEAD COACH



**HARRY
HECTORS**
ASSISTANT COACH



**GABRIELLE
MATHESON**
MANAGER



**MAIA
TUTBURY**
PHYSIOTHERAPIST

PLAYER PROFILE

OLIVIA ROSE

QUICKFIRE

My favourite pro club is...

I don't have one

If I wasn't a footballer I would be...

Dead

One thing people may not know about me is...

I played netball for many years through primary and intermediate school before making the switch to football (I wasn't very good at netball)

The country I've never been to but want to visit is...

China

The item on top of my bucket list is...

Be in a public art exhibition

My favourite sports team growing up was...

The All Blacks

Most underrated movie or TV show is...

Derry Girls

My favourite place to dine out is...

TJ Katsu



PLAYER BIO

Nickname:	Liv
Age / D.O.B	14th Feb 2004 (Age 21)
Place of Birth:	Porirua
Playing Position:	Defence
Right / Left:	Right
Previous Clubs:	None, only played for UHCF

Q & A SESSION

What's your best football memory?

Not one in particular, but just all the times we've come off the pitch from a loss and have spent the whole game laughing and smiling. Makes it feel like a good game regardless of the score.

Best advice you've ever been given?

Learn to use your non-dominant foot.

What do your coaches often tell you?

Don't close your eyes when heading.

What advice would you give any young players playing your position?

Don't dive in for a tackle if a striker is sprinting straight at you, aim to hold them up (slow their momentum) with your positioning (giving your

team time to get back into a defensive position) and show them the sideline so they can't go straight for goal.

How would you describe yourself as a player?

I'm not the fastest. I'm not the most skilled. I'm not the most accurate.

Who is the one team you most look forward to playing each season, and why?

Most of them are pretty cool and fun to play against so I'm looking forward to every team and game.

What non-football accomplishment are you most proud of?

Receiving an art scholarship and a scholarship for university.



CENTENARY CELEBRATION WEEKEND

**JOIN OUR CELEBRATIONS OF 100 YEARS OF
FOOTBALL AT UPPER HUTT CITY FOOTBALL!**

THUR 19TH – SUN 22ND JUNE (MATARIKI WEEKEND), MAIDSTONE TURF AND CLUBROOMS

Join us for a weekend of events to honour and celebrate our rich and vibrant history!

- | | |
|-----------------|---|
| THURSDAY | Meet and Greet |
| FRIDAY | Home Games, Orange Day, and a Celebration Dinner
at Te Kupenga o Rongomai Maidstone Sports Hub |
| SATURDAY | Club Day, youth teams, and more games and festivities |
| SUNDAY | Home Games, Time Capsule Closure and a Heartfelt Farewell |

Come together for an unforgettable weekend of football, memories, and community spirit!

✉ centenary@upperhuttcityfootball.org.nz



weston
design

MORE INFORMATION AT UPPERHUTTCITYFOOTBALL.ORG.NZ

New Zealand

Sotheby's

INTERNATIONAL REALTY

Steve, Lesley and Georgia of Sotheby's International are a key sponsor for our Junior U7-12 teams, masters and social teams.



STEVE ANDREWS

Sales Associate

steve.andrews@nzsir.com
027 441 3236

Football is my lifelong passion, whether playing or coaching. A life member of the Upper Hutt City Football Club where I have served on various committees over many years and currently the bar manager, where organisation and communication are key.

We are proud sponsors of the junior club, masters team and a social team. When not involved in all things football I enjoy listening to music and running fundraising quiz nights.



LESLEY GRANT

Sales Associate

lesley.grant@nzsir.com
021 159 8124

My greatest passion is to travel, not just to see the world, but I thrive on meeting people from diverse cultures and embracing different ways of life. This empathy and understanding has assisted me to be incredibly successful in my business life, helping people in and out of homes while understanding their specific needs.

I come from a professional background including working in large accounting and legal firms as well as prominent government agencies.



GEORGIA NORTON-GRANT

Sales Associate

georgia.nortongrant@nzsir.com
027 842 1251

Marketing and Communications is a genuine interest of mine – I even enjoy watching adverts to see what companies are producing! I enjoy it so much, I decided to study it and have achieved a Bachelor of Commerce majoring in Marketing and Management.

I am what some might call a 'foodie', going somewhere new to eat is always exciting and cooking is never a chore.

MEN'S CENTRAL LEAGUE

UPPER HUTT CITY FOOTBALL

- | | |
|---------------------|-------------------------|
| 1 Joshua Capstick | 25 Matthew Fong |
| 2 Joey Sopikiotis | 26 Elliot Porter-Wallis |
| 3 Blake Chandler | 27 Isaac Adams |
| 4 Ollie Owen | |
| 5 Joshua McCarroll | |
| 6 Rio Winkworth | |
| 7 Samuel Patterson | |
| 8 Lucas Hansen | |
| 9 Harrison Tisch | |
| 10 Alex Braakhuis | |
| 11 Mick Reid | |
| 12 Nkhata Hollywell | |
| 13 Sam Twigg | |
| 14 Connor McIndoe | |
| 15 Herewini Insley | |
| 16 Donal Gahan | |
| 17 David Warbrick | |
| 18 Shaun Marshall | |
| 19 Ethan Barbier | |
| 21 Benjamin Corbett | |
| 22 Jacob Marshall | |
| 23 Sam Rausch | |
| 24 Joshua Lawson | |



Rory Fallon
Head Coach

Toby Wilton
Asst. Coach

Mark Ellis
Team Manager

Diane Shrer
Physio

Jake Barney
Conditioning Coach

Lorraine Bowring
Analyst

WELLINGTON OLYMPIC

- | |
|--------------------------|
| 1 Scott Basalaj (GK) |
| 2 Harry Fair |
| 3 Adam Supyk |
| 4 Alex Solomon |
| 5 Justin Gullely |
| 6 Tor Davenport Petersen |
| 7 Isa Prins |
| 8 Jonty Roubos |
| 8 Hamish Watson |
| 10 Gavin Hoy |
| 11 Alex Davies |
| 13 William Vincent |
| 14 Jack-Henry Sinclair |
| 15 Ben Mata (C) |
| 16 Tiahn Manuel |
| 17 Louis Danquah |
| 18 Joel Auty |
| 19 Josh Rudland |
| 20 Noah Boyce |
| 21 Oscar Boyce (RGK) |
| 22 Nic Ball |
| 23 George Walker |
| 24 Gianni Bouzoukis |
| 41 Alex Britton (RGK) |



Ekow Quainoo
Paul Ifill

Coaches

Taylor-Hall Jones
Asst. Coach

Alex Britton
GK Coach

Kate Westerlund
Physio

Dave Graham
Gear Manager

Matt Kolic
Team Manager

KATE SHEPPARD CUP

UPPER HUTT CITY FOOTBALL

- | |
|-----------------------|
| 1 Caitlin Denton |
| 2 Erika Saxby |
| 3 Billie Cook |
| 4 Emma Lavery |
| 5 Sienna Kovacs |
| 6 Elesha Smith |
| 7 Rosie Baillie |
| 8 Ella Bennett |
| 9 Ruby Reid |
| 10 Ruby Coffey-Duffin |
| 11 Brooke Humphrey |
| 12 Harriet Williams |
| 13 Asha Dyson |
| 14 Katie Pettengell |
| 15 Maya Iti |
| 17 Becky Stewart |
| 18 Kearis Houlihan |
| 20 Jade Wood |



Callum Martin
Head Coach

Harry Hectors
Asst. Coach

Gabrielle Matheson
Manager

Maia Tutbury
Physiotherapist

NORTH WELLINGTON

- | |
|----------------------------------|
| 1 Mckenzie Holbrook |
| 2 Holly Andrews |
| 3 Tara Visser |
| 4 Emma Prowse |
| 5 Seren Mawby |
| 6 Mikayla Leighton |
| 7 Ella Turner |
| 8 Tessa Finnigan |
| 9 Grayce Robbins |
| 10 Sasha Gray |
| 11 Emma Coom |
| 12 Oceana Colston Taylor Edwards |
| 13 Danja Grunwald |
| 14 April Cleverley |
| 15 Ruby Carman |
| 16 Reema Almozani |
| 17 Jade Heather |
| 18 Jade Jamieson |
| 19 Iris Polaschek |
| 20 Kayla Morris |



Ben Coom
Head Coach

Vikas Chauhan
S&C Coach

Tom Pohio
Manager