



# MATCH DAY PROGRAM

## 20<sup>th</sup> May 2017



*"We'll see you right"*

# PARAPINE

UPPER HUTT CITY VS  
PALMERSTON NORTH MARIST  
MAIDSTONE PARK - KO 1:00 PM



## A word from Gibby . . .

Round 1 is done and dusted for the W League team, and we've gone through unbeaten, and very pleased to be 5 points clear from our closest rivals Wellington Utd & Palmy North Marist.



The last two games of the round saw us face a strengthened Wairarapa at home. We knew this wouldn't be the same team that allowed us to beat them 20-0 in the Kelly Cup, and we were right. Wairarapa came out to compete, and their shape, compactness and tireless efforts meant we were finding them hard to break down. We managed to slot one home only 8 mins in but despite the good start, for the next 25 minutes if we did create chances, we weren't hitting the target, which in turn created a level of frustration. It was beginning to feel like one of those games, where all the pressure and effort in the world wasn't going to help, but despite Wairarapa's concerted efforts, we did manage to pry open their defence to score a second before halftime to make it 2-0, both to Emma Main.

For us, the second half was a better performance in terms of finishing, and as the game went on and Wairarapa began to tire, we started to dominate. Emma added four more goals to her first two, and Bex Jefferies, CJ Bott and Ellen Stirling (2) also found the back of the net with the final score being 10-0.

## A word from Gibby . . .

The final match of the round saw us take on League Champions Wgtn Utd at Newtown Park. We couldn't have asked for better with a still calm day, and the pitch in perfect condition, even if the cross town traffic was a nightmare!



We knew that Wgtn Utd would've been left smarting from their home encounter with Palmy North Marist the previous week, where it finished 2-2, and we knew they'd be keen to take that into their match up with us.

Traditionally these games are physical, and full of passion, and on this day it was no different from our perspective, it was critical to start well, and we did. After concerted pressure right from the whistle, we hit the back of the net via Sarah Gregorious after just 15 mins. This was quickly followed by more and more pressure as Wgtn Utd played out from their defensive 3<sup>rd</sup>. It what felt like the quickest 45 mins all season hitting the post twice and continually spraying Wgtn Utd's keeper, and we found ourselves 4-0 up at half time due to a finishing masterclass from Grego. GK Cushla Litchwark had only been called upon a handful of times.

The midfield continued to dominate in the second half as we continued to press on, we knew that Wgtn Utd had come from behind twice against PNM the previous week, so we weren't about take our foot off the gas.

## A word from Gibby . . .

We continued to press, and win our individual battles, and created chance after chance in front of goal. Emma Main hit the scoresheet with a class finish at the near post, and Grego topped off a spectacular day adding two more to her tally (6). Final score 7-0 in a game that despite having a striker net almost all of the goals, was hard to pick out an outstanding individual performance.

This week we take on PNM whom are third only on goal difference Wgtn Utd. The first round saw UH take the points with a closely fought 2-1 win and we're expecting nothing less in Round 2.

Good luck to all teams this weekend.

#bleedorange . . . .Gibby

### W-League POD

Vs Wairarapa – Kennedy Bryant

Vs Wgtn Utd - Sarah Gregorious





## Fixtures and tables . . .

VENUE	HOME TEAM		AWAY TEAM
1:00 PM Sat 20 May Maidstone Park	Upper Hutt City Football	vs	Cafe Cuba PN Marist
2:30 PM Sat 20 May Hutt Park 1	Stop Out	vs	Wellington United
2:30 PM Sat 20 May Masterton Memorial Turf	Wairarapa United	vs	Seatoun AFC

### Next Week

2:00 PM Sat 27 May Hutt Park 2

Stop Out vs **Upper Hutt City Football**

### Tables

TEAM	P	W	D	L	F	A	GD	PTS
Upper Hutt City Football Club	5	5	0	0	29	2	27	15
Wellington United Diamonds	5	3	1	1	24	9	15	10
Cafe Cuba PN Marist	5	3	1	1	18	5	13	10
Seatoun AFC	5	2	0	3	10	9	1	6
Stop Out	5	1	0	4	3	28	-25	3
Wairarapa United	5	0	0	5	1	32	-31	0

## Introducing your teams . . .

GK	Cushla Lichtwark
2	CJ Bott
3	Katie Barrott
4	Emma Lavery
5	Lena de Ronde
6	Carolyn O'Reilly
7	Bria Sargent
8	Kennedy Bryant
9	Becky Stewart
10	Sarah Gregorius
11	Bex Jefferies
12	Emma Main
13	Ellen Stirling
14	Grace McRobie
15	Ellen Fibbes
16	Danielle Turton
17	Kassandra Clendon



### Coaches/Management

Wendi Henderson

Lisa Gibson

Sharon Lavery

"We'll see you right"

**PARAPINE** 

City Review

## Introducing your teams . . .

GK	Courtney Norman
2	Hannah Fitzgerald
3	Kate Bennett
4	Leah Gallie
5	Amber Phillips
6	Rose Morton
7	Mkyla Wilson
8	Larissa Cable
9	Mikaela Boxall
10	Aniela Jensen
11	Torijan Lyne-Lewis
12	Kate Watson
13	Molly Woodhead
14	Nicole Robertson
15	Tilly James
16	Erin Carpenter
17	Laura Nottle
18	Anna Hinton
GK	Aoife Gallagher-Forbes



Coaches/Management

Simon Lees

Brooke Argyle

## Female environment brings benefits . . .

More female voices are likely to be heard on sidelines across the country as New Zealand Football continues to encourage women to try their hand at coaching and breaks down some of the barriers traditionally hindering them from doing so.

In what is usually regarded as a male-dominated environment, New Zealand Football Women's Development Manager Holly Nixon says there are a number of barriers which can put females off pursuing a coaching career and is taking steps to ensure that will no longer be the case, including the running of a women-only NZF Senior Level 2 Coaching Award last week in Wellington.



Held at Capital Football headquarters in Petone, the course was fully-funded by New Zealand Football, allowing the 32 coaches involved to take part entirely free of charge. There were plenty of notable names among them with Football Ferns midfielder Annalie Longo, National Women's League player Katie Barrott, ex-youth international Eileish Hayes, Central Football Women's Development Officer Aleesha Heywood and former Football Fern Wendy Sharpe all participating. The presence of the likes of Sharpe was significant as Nixon is aiming to tap into the knowledge of past players who otherwise may be lost to the game.

"Women's football is a key strategic priority for New Zealand Football and developing female coaches is a vital part of that. We are looking to grow our pool of female coaches and develop them to an international level. It's important to do so as FIFA regulations now state that a female must be on the coaching team at all age-group FIFA Women's World Cups."

Ferns legend Sharpe – who played over 50 times for her country in 15 years from 1980, scoring 38 goals – agrees that keeping women in the game once they finish playing can have huge benefits.



## Female environment brings benefits . . .

“It can be invaluable but you need to have that passion to want to give something back,” she says. “If you only do it because you feel obligated then I don’t think it’s right for you. But if you’re still passionate and love the game then you can be a real role model to the younger ones.”

Barrott, a defender with 2016 National Women’s League runners-up Capital, feels creating more female role models will prove inspirational to the next generation of players coming through. “If you look at female football and female sport in general, there’s such a lack of role models for up-and-coming athletes,” she says.

“When I look back on my football career, I realise how much women coaches inspired me so we need to provide that opportunity to other young girls.”

The former age-group international believes female-only environments such as the one offered at the Senior Level 2 course will help greatly in attracting more women to coaching. “Some of us might not have necessarily considered doing a course like this if there were males involved,” admits Barrott, who coaches an U-14 representative team for Capital and also works at the Waterside Karori club.

“Often on courses like this there can be one or two females with a lot of males who tend to have pretty dominant personalities. So I think a female-only course gives the candidates a bit more confidence and allows them to feel like they’re not in the minority.”

After playing in a bygone era when female-only courses and Women’s Development Officers were unheard of, Sharpe is well-acquainted with operating in male-dominated environments but can see the benefits of moving away from the mixed gender model.

“It’s not a problem for me because I’m used to it but I can see a lot of the women on this course probably wouldn’t have applied if it was a mixed one,” says Sharpe, who takes an U-14 side for WaiBOP Football and also coaches the girls’ first XI at Katikati College.

“Some of them are quite shy and wouldn’t speak up because men can be more dominant on a course like this. Because of how comfortable everyone is feeling here, I think they’ll go away feeling a lot more confident than they did on the first day.”

## From the Premis . . .

30 April Premis vs KCU

Started strong and defended straight from the beginning giving us a foundation to create opportunities in the half. They were able to move the ball quickly through the units allowing us to get on the front foot. Through the first half scored three goals from Katie Mawdesley, Emma Lavery and Katie Barrott. To go into the half at 3-0 up.

After the Break KCU came out hard and started to put pressure on our defence. 20mins into the half got their 1<sup>st</sup> goal. From this momentum swing and started to dominated the game. Another a goal was scored 10mins after that bringing the scores to 3-2. Georgia Nairne started to organise the mid field and started to build some phases and apply some pressure. At the 78<sup>th</sup> minute Emma Lavery was able to convert one of our limited chances in the second have to go ahead with 4-2. Carolynn O'riley was keeping their striker at bay keeping her out of the game. KCU got a last minute goal with the game ended 4-3.

POD- Summer Hicks

7<sup>th</sup> May Premis vs Wellington Utd

POD- Rosie Baillie

## Countdown to the confeds . . .

At 36 years and 98 days old, Anthony Hudson will be the youngest coach in FIFA Confederations Cup history when he leads out the All Whites for the opening match against Russia, thus setting the first record of the tournament in the very first game.

The record currently belongs to former Nigeria coach Shaibu Amodu, who was 36 years and 263 days old when he managed his country at the 1995 Confederations Cup.

The son of former Arsenal, Chelsea, Stoke City and England midfielder Alan Hudson, Anthony grew up at West Ham United's academy but could not make the transition to senior football. He opted to move into coaching and has not disappointed.

At 27, he was appointed head coach at Real Maryland Monarchs in the USA. By 32, he was coaching the Bahrain national team and got the New Zealand job at 33, already managing to win the OFC Nations Cup last year. Will Hudson shock the world again in Russia?







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